

NHS Retirement Fellowship Gwent Branch

Newsletter - January 2019



Reg Charity No 287936
Patron: Ken Jerrold CBE

Happy New Year everyone. We hope that you all had a very enjoyable Christmas. Our Christmas lunch last month was well attended and a great success as can be seen by the photo below. The food



was excellent and the staff at Greenmeadow made sure that we were well looked after.

This year is moving along quickly already and we are looking forward to our programme of meetings and events for 2019. Thanks to **Joanne Butler** we have some interesting speakers lined up over the coming months. Speakers are selected from recommendations made by members. The **Trips Team** have also been busy putting together a proposed programme of events for the forthcoming year which is included in this newsletter. Obviously the Team are always keen to hear from you as members for your ideas and suggestions.

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Today's Speaker

Today, we would like to extend a warm welcome to our guest speaker **Julian Hayman, Programme Manager, Clinical Futures Team, Aneurin Bevan University Health Board**. Julian will be talking to us about the latest developments and in particular about the **Specialist Critical Care Centre (The Grange University Hospital)** which is being built at Llanfrechfa.

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Appointment of a new NHSRF Development Officer for Wales

As you already know **John Toman**, NHSRF Development Officer for Wales will be retiring at the end of March 2019. We are pleased to announce that his replacement is **Lorraine Tanner** who lives just outside Cardiff, will take up the role on the 1st April 2019. We look forward to meeting her in the near future and would like to wish her every success in her new role.

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Lunch Club

In addition to the trips and talks programmes it has been suggested that members might be interested in setting up a Lunch Club. There are many places locally with reasonably priced set menus and would provide members with the opportunity to socialise. In the summer months this could include a walk beforehand.

If you are interested a list for names is available today

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Share your memories of the NHS and your hopes for the future!

Tuesday, 22nd January 2019 - 3.30pm and 4.30pm (drop in)
The Chapel, St Woolos Hospital, Newport, NP20 4SZ

Drop in for a free tea and cake and help inspire the next collection of original artworks for St Woolos Hospital

Afternoon tea and creative memory sharing with students from the BA(Hons) Creative and Therapeutic Arts degree at the University of South Wales and Gwent Arts in Health (Garth).

If you would like to know more or would like to share your story via email please contact lecturer **Heloise Godfrey Talbot** at:

heloise.godfrey-talbot@southwales.ac.uk

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Film Screening of Wonder & Public Talk
Thursday 7th February 2019, 17.30 - 20:30
Haydn Ellis Building, Maindy Road, Cardiff. CF24 4HQ

Join us for a FREE film screening of Wonder, based on the New York Times best seller. Wonder is the story of August Pullman, a boy with facial differences who enters the fifth grade, attending a mainstream school for the first time. **Hear a talk highlighting the effect of rare skin conditions on patients and families.**

This event is FREE but you must register to attend via Eventbrite

For further information: <https://bit.ly/2Quw3eJ>

email walesgenepark@cardiff.ac.uk or phone 02920 746940

Potential TV Production - retired nurses and midwives needed

We have been contacted by a Researcher at a UK-based production company called **Betty**. As one of the BBC's, Channel 4's and ITV's preferred programme suppliers, Betty has a global reputation for producing award-winning documentary series.

The series is in development and they are currently working on sets-out to explore what retired NHS nurses and midwives can teach the younger nurses and midwives. Many of these retired nurses and midwives in their 70s and 80s would have seen huge advancements during their careers both technologically and socially, and their lifetime experience is incomparable. To explore this, the proposed series is specifically interested to bring fit and healthy retired nurses midwives back onto wards to share their knowledge to the next generation.

They are particularly interested in speaking to people who completed their training the 1940s, '50s and '60s, and who have experienced the huge changes within the NHS first hand during their careers

If you would like to find out more please contact: research@betty.co.uk

If anyone does put themselves forward could you let the Committee know so that we can follow up.

Consultation on the right to free TV licences for the over 75s

You may be aware that the BBC is consulting on removing the right to free TV licences for the over 75s. Age UK and other organisations across the country are petitioning to save free TV licences and the Fellowship is involved in this national campaign. Further details as to how your branch might become involved will follow, but in the meantime the thrust of the message is "It's not just the box in the corner. It's a window on the world, a human voice when you have not spoken to another person in days. For over 1 million of the oldest people in our country television is the main form of company. It's their constant companion and central to their lives". I hope your branch will agree that the government should take back responsibility for keeping TV free for the oldest people in our society. It is not just a licence, it is a lifeline.

Used postage stamps

Marilyn Beardmore is collecting used postage stamps for charity and would be grateful if members could collect any that they have and bring them along to the meetings for her. The charities are the **RNIB and Cancer Research**.

Your Committee

Chair	Lynda Evans	Admissions/Prizes	Pam Jones
Secretary	Marilyn Beardmore	Raffle Organiser	Val Cheeseman
Treasurer	Barbara Davies	Greeters	Lilwyn Griffiths
Assistant Treasurer	Lilwyn Griffiths		Cynthia Matthews
Speaker Secretary	Joanne Butler		Carol Cunnell
Membership Secretary	Jen Martin		Martin Sage
Assistant Membership Secretary	Pam E Jones		
Trips and outings	Delyn Hunt, John King Kay Lusk and Jean Nutt		
Welfare Officer/ Payment Officer	Caroline Pitt		

Contact Information_

Chair	Lynda Evans	01633 420668	lyndaevs@hotmail.co.uk
Secretary	Marilyn Beardmore	01633 661954	mabeardmore@yahoo.co.uk
Welfare Officer	Caroline Pitt	01633 660608	
	Delyn Hunt	01633 843140	delyn46@yahoo.co.uk

NHS Retirement Fellowship Benevolent Fund Sherry Smith, Admin Officer, Central Office. Tel 01305 361317,
www.nhsrf.org.uk