



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board



Special Diet Menus

ABUHB hospitals offer special diet menus, some of these menus are printed on white paper with a different colour border or are printed on coloured paper:

LOW LACTOSE- **BLUE MENU**

GLUTEN FREE – **Purple Menu**

LEVEL 4 –PUREE –**GREEN BORDER**

LEVEL 5 – MINCED & MOIST –**ORANGE BORDER**

LEVEL 6- SOFT & BITE SIZED – **NAVY**

We also provide ethnic meals, Halal, Kosher and Vegan, please inform the nursing on your arrival to the ward.

If you suffer from any food allergies, nuts, shellfish or any of the other 14 allergens please inform the nursing staff straight away when you arrive on the ward.

