

HOW INTEGRATED WELL-BEING NETWORKS WORK

PEOPLE IN GWENT HAVE ALL THE THINGS THEY NEED TO KEEP WELL AND ARE LIVING HEALTHIER LIVES, FOR LONGER.

1. PLACE-BASED COLLABORATION

WE ARE COLLABORATING WITH PARTNERS IN OUR COMMUNITIES, BUILDING RELATIONSHIPS AND WORKING TOGETHER BETTER TO MAKE THE BEST USE OF WHAT WE HAVE.

BUILDING RELATIONSHIPS AND WORKING TOGETHER BETTER



INTEGRATED WELL-BEING NETWORKS HELP PEOPLE TO HELP THEMSELVES



3. PEOPLE WHO DELIVER SERVICES & SUPPORT

WORKING CO-PRODUCTIVELY WITH PEOPLE, BUILDING ON THEIR STRENGTHS TO FIND THEIR OWN SOLUTIONS AND CONNECTING PRIMARY CARE TEAMS TO WELL-BEING RESOURCES.

2. COMMUNITY-BASED HUBS

HUBS CONNECT PEOPLE WITH HEALTH AND WELL-BEING RESOURCES, ACTIVITIES, AND OTHER PEOPLE.

LINKING OUR HUBS IN THE COMMUNITY TO IMPROVE THEIR WELL-BEING ROLE AND ACCESS TO THE RIGHT SERVICES AND SUPPORT.

4. EASY ACCESS TO WELL-BEING INFORMATION

PROVIDING WAYS FOR PEOPLE TO ACCESS RELIABLE WELL-BEING INFORMATION, THIS CAN BE THROUGH:

- FAMILY, FRIENDS OR A SERVICE
- A LINK WORKER
- A HUB IN THE COMMUNITY
- TECHNOLOGY, INCLUDING DEWIS CYMRU



INTEGRATED WELL-BEING NETWORKS ARE NOT ABOUT CREATING SOMETHING NEW - IT'S ABOUT STARTING WITH WHAT WE ALREADY HAVE. USING THE UNIQUE STRENGTHS AND ASSETS THAT EXIST IN OUR COMMUNITIES: OUR PEOPLE - RELATIONSHIPS, KNOWLEDGE AND SKILLS
OUR PLACES - HEALTHY PEOPLE NEED HEALTHY PLACES OUR PROVISION - WELL-BEING SUPPORT AND SERVICES.



PLEASE VISIT WWW.WALES.NHS.UK/IWNGWENT AND SHARE INFORMATION ABOUT INTEGRATED WELL-BEING NETWORKS GWENT USING #IWNGWENT