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Resources for Community Well-being



PEOPLE

RELATIONSHIPS, KNOWLEDGE
AND SKILLS



Resources for Community Well-being

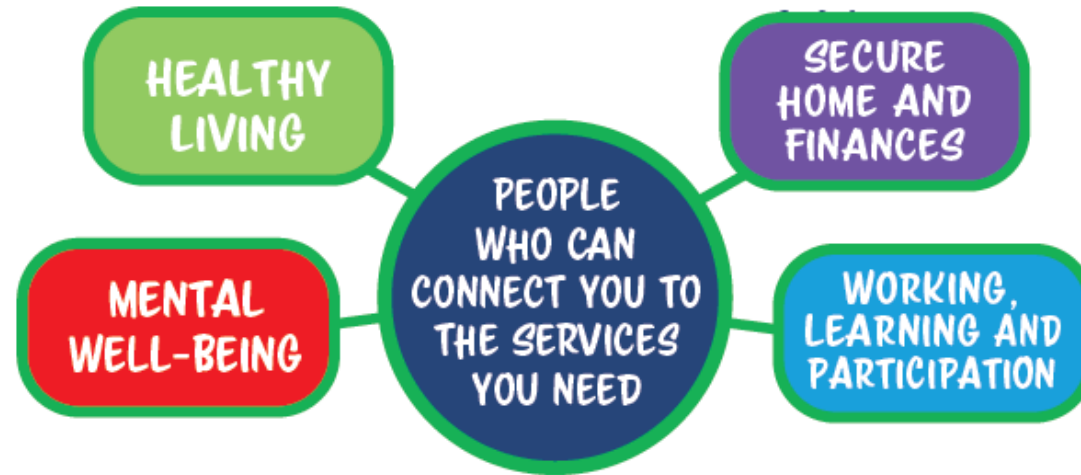


PLACES

HEALTHY PEOPLE NEED
HEALTHY PLACES



Resources for Community Well-being



PROVISION

WELL-BEING SUPPORT AND SERVICES



INTEGRATED WELL-BEING NETWORKS

AIM: DEVELOP A PLACE-BASED APPROACH TO IMPROVING WELL-BEING FOR THE WHOLE POPULATION



I. PLACE-BASED COLLABORATION

KEY ACTIONS

- ESTABLISH PLACE BASED WELL-BEING NETWORKS
- BUILD RELATIONSHIPS
 - UNDERSTAND WELL-BEING RESOURCES
 - SMALL PROJECTS TESTING CHANGES
 - ALIGN PROGRAMMES - POOL RESOURCES
- EMBED COMMUNITY ENGAGEMENT
- ASSETS BASED COMMUNITY DEVELOPMENT APPROACHES



2. COMMUNITY-BASED HUBS

KEY ACTIONS

IDENTIFY OPPORTUNITIES TO EXPAND PUBLIC SECTOR HUBS CONTRIBUTION :

- CONNECTING PEOPLE TO INFORMATION, ADVICE AND ASSISTANCE
- HOSTING WELL-BEING ACTIVITIES & SUPPORTING COMMUNITY CONNECTIONS
- CO-LOCATION OF ORGANISATIONS & BUILDING RELATIONSHIPS
- DEVELOPING LINKS BETWEEN DIFFERENT TYPES OF HUBS IN THE 'PLACE'



3. PEOPLE WHO DELIVER SERVICES & SUPPORT

KEY ACTIONS

- DEVELOP A JOINED UP APPROACH TO LINKING PEOPLE FROM HEALTH AND CARE SERVICES TO WELL-BEING SUPPORT
- MAP 'WELL-BEING WORKFORCE' IN EACH PLACE-BASED WELL-BEING NETWORK
- DEVELOP TRAINING MENU - KNOWLEDGE & SKILLS TO SUPPORT SOMEONE'S WELL-BEING OR HELP THEM FIND A WELL-BEING RESOURCE
 - ACTIVE SIGNPOSTING
 - STRENGTHS-BASED AND BEHAVIOUR CHANGE APPROACHES
 - MENTAL WELL-BEING
- SHARED VALUES



4. EASY ACCESS TO WELL-BEING INFORMATION

KEY ACTIONS

- MAP EXISTING APPROACHES TO COMMUNICATION
- DEVELOP COMMUNICATIONS PRODUCTS / METHODS
- RENEW COMMUNITY HEALTH CHAMPIONS
- SUPPORT DEWIS

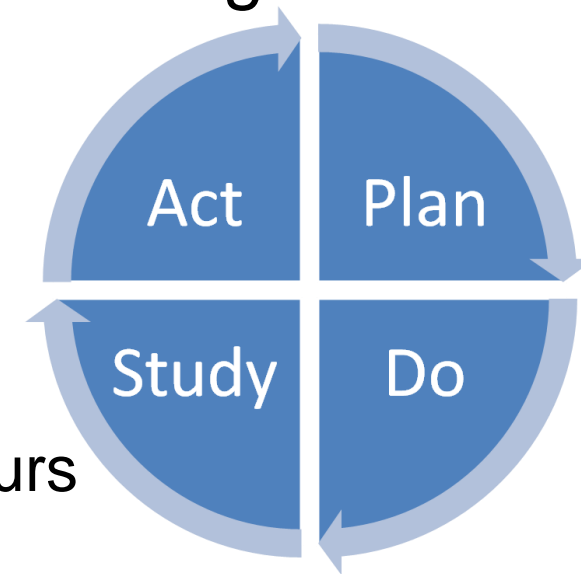


Dewis Cymru
Have choice and take control



Ways of working

- Assumption – we are all aiming to impact upon community well-being...can we be more successful by working collectively?
- Using what we already have first and foremost – connecting and aligning programmes
- LSC principles:
 - Changing mindsets, processes, relationships
 - Shared vision – something worth striving for
 - Accepting complexity – not just structures – also behaviours
 - Devolve leadership for improvement
 - Using improvement approaches – **Plan, Do, Study, Act** cycle



Structure

- Integrated Partnership Boards to drive programme in each locality
- Alignment to PSB agenda
- Proposed initial areas of focus for delivery:

NCN Area	
Caerphilly North	Aligned with Rhymney & Bryntirion primary care transformation developments
Caerphilly South	Aligned with Lansbury Park Deep Place Plan
Newport East	Aligned with Ringland Health and Well-being Centre development
Blaenau Gwent East	Aligned with Brynmawr Resource Centre development
Blaenau Gwent West	Aligned with Tredegar Health and Well-being Centre development
Torfaen North	Aligned with Blaenavon place-based pilot
Monmouthshire South	Aligned with the South Monmouthshire Health, Well-being and Social Care Project

Evaluation

- We won't affect change to individual well-being in 12 months
- Developing a theory of change describing how system level changes will lead to improvements for people in our communities
- System-level indicators that will tell us change is happening:
 - Shared vision, common understanding, joint approach
 - Shared approach to tracking progress towards outcomes (things that have meaning and matter to people)
 - Co-ordinated plan of mutually reinforcing activities
 - Consistent and open communication to build trust and common motivation
 - 'Backbone support' – Co-ordinate action across agencies, ensure alignment, project management, joint learning, create an improvement culture, pursuit of new opportunities

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