

# WELLBEING CONNECTORS

Wellbeing Connectors aim to:

- **Improve social and emotional wellbeing.**
- **Promote independence.**
- **Reduce social and emotional isolation and loneliness.**
- **Help people feel part of the community.**
- **Coordinate appropriate support services to facilitate positive outcomes for complex cases.**
- **Provide Information and advice on suitable community groups and activities.**

We also work alongside various partner organisations, health & social care professionals who are able to provide the right help and support to meet your individual needs.

If you are 18+ and want to get connected please contact Wellbeing Connectors:

[www.caerphilly.gov.uk/wellbeingconnectors](http://www.caerphilly.gov.uk/wellbeingconnectors)

Email: [wellbeingconnectors@caerphilly.gov.uk](mailto:wellbeingconnectors@caerphilly.gov.uk)

Tel: **01443 866558**



**Dewis Cymru**

Have choice and take control

