



# What is a community connector?

**Community connectors** can help people living in Newport find out what is going on locally and how to get involved in social activities. Connectors work with individuals, carers and organisations across the Newport area and can provide names, phone numbers and locations of activities, services and support.

## What can a community connector do to help you?

- Provide information and advice of what support is available
- Help you find activities in your local area
- Help you to meet more people in your community

## Contact a Community Connector:

**Tel: 01633 631660** and ask to speak to a *Community Connector: Monday - Friday 9am - 4pm*

**Email: [community.connectors@newport.gov.uk](mailto:community.connectors@newport.gov.uk)**

**Vist: [www.newport.gov.uk](http://www.newport.gov.uk)** to complete a request form.

**In person:** You can meet a community connector face to face to discuss what information you would like to support you.





# Beth yw cysylltwr cymunedol?

Gall **cysylltwyr cymunedol** helpu pobl sy'n byw yng Nghasnewydd ddarganfod beth sy'n digwydd yn lleol a sut i gymryd rhan mewn gweithgareddau cymdeithasol. Mae Cysylltwyr yn gweithio gydag unigolion, gofalyddion a sefydliadau ar draws ardal Casnewydd a gallant ddarparu enwau, rhifau ffôn a lleoliadau o weithgareddau, gwasanaethau a chymorth.

## Beth all cysylltwr cymunedol ei wneud i'ch helpu chi?

- Darparu gwybodaeth a chyngor ar ba gefnogaeth sydd ar gael
- Eich helpu i ddod o hyd i weithgareddau yn eich ardal leol
- Eich helpu i gwrdd â mwy o bobl yn eich cymuned

## Cysylltu â Gysylltwr Cymunedol:

**Rhif Ffôn: 01633 235650** gofynnwch am gael siarad â Gysylltwr Cymunedol: **Dydd Llun i Dydd Gwener 9am - 4pm**

**E-bost: [community.connectors@newport.gov.uk](mailto:community.connectors@newport.gov.uk)**

**Safle We: [www.newport.gov.uk](http://www.newport.gov.uk)** er mwyn cwblhau ffurflen gais.

**Wyneb-yn-wyneb:** Gallwch gwrdd â chysylltwr cymunedol wyneb-yn-wyneb i drafod pa wybodaeth yr hoff ech dderbyn er mwyn cael cefnogaeth.

