



ANEURIN BEVAN UNIVERSITY HEALTH BOARD

Minutes of the Mental Health Act Monitoring Committee (MHAMC) held on Tuesday 1st March at 9.30 am via Teams

Present:

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| Pippa Britton | - Chair |
| Paul Deneen | - Independent Member |
| Katija Dew | - Independent Member |

In attendance:

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| Chris O'Connor | - Interim Executive Director of Primary Care, Community and Mental Health |
| Bryony Codd | - Head of Corporate Governance (deputising for the Board Secretary) |
| Sarah Cadman | - Head of Quality and Improvement for Mental Health and Learning Disabilities |
| Ian Thomas | - General Manager, Mental Health and Learning Disabilities |
| Michelle Forkings | - Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing |
| Kavitha Pasunuru | - Assistant Divisional Director, Families and Therapies |

Observers:

- | | |
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| Laura Howells | - NWSSP |
| Emma Rees | - NWSSP |

Apologies:

- | | |
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| Sarah Aitken | - Director of Public Health and Strategic Partnerships |
| Rani Mallison | - Board Secretary |

1	Preliminary Matters
MHAMC 0103/01	<p>Welcome and Introductions</p> <p>The Chair welcomed everyone to the meeting.</p> <p>The Committee had not received any written questions prior to the meeting.</p>
MHAMC 0103/02	<p>Apologies for Absence</p> <p>Apologies for absence were noted.</p>
MHAMC 0103/03	<p>Declarations of Interest</p> <p>There were no Declarations of Interest to record.</p>
MHAMC 0103/04	<p>Draft Minutes of the Meeting held on 9th December 2021</p> <p>The minutes of the meeting held on the 9th of December 2021 were agreed as a true and accurate record.</p>
MHAMC 0103/05	<p>Action Log</p> <p>MHAMC 0809/05</p> <ul style="list-style-type: none"> • Mental Health Act Update- Sanctuary Provision & Crisis House- Sarah Cadman, Head of Quality and Improvement for Mental Health and Learning Disabilities, informed the Committee that the Crisis House and The Sanctuary had both opened in December 2021 and the Health Board were curious to see the impact on the use of the Section 136 suite. At present, there was insufficient data to determine the impact of the opening of Crisis House on Health Board services. The

	<p>Committee welcomed further verbal updates and evaluation of feedback and data to be included in the Mental Health Act (MHA) quarterly report. The action was closed.</p> <p>The Chair recalled the previous action (below) and requested an update.</p> <ul style="list-style-type: none"> • <i>Strengthen the understanding of the Mental Health Act- MHA Administration Team Lead had met with site managers in Grange University Hospital (GUH), arranging training for colleagues in the acute sector. The training started in December 2021 and is ongoing.</i> <p>Sarah Cadman informed members that training was ongoing, and the MHA Quarterly report, included in the agenda, indicated a positive impact, as no errors were reported in papers coming from acute settings. Action: Kavitha Pasunuru, Clinical Director, Child and Adolescent Mental Health, requested that training be rolled out to the Child and Adolescent Mental Health Services (CAMHS) team. Sarah Cadman</p> <p>Paul Deneen, Independent Member, requested an update on the GUH Emergency Department (ED) Sanctuary pilot project. Chris O'Connor, Executive Director of Primary Care, Community and Mental Health, informed members that the pilot continues and will be evaluated externally. The external evaluation would be reported late Spring 2022. The Committee welcomed further updates on this, with any operational actions to be reported to the Patient Quality Safety and Outcomes Committee, where necessary. Action: An overview of the findings and next steps to come back to the Committee. Chris O'Connor</p> <p>MHAMC 0912/07</p> <p>Sarah Cadman informed members that the All-Wales Benchmarking report highlighted that MHA managers activity was still lower in Aneurin Bevan University Health Board (ABUHB) than other Health Board areas. Further discussion around this would take place during the Mental Health Compliance Report on today's agenda.</p>
2	Agenda Items
MHAMC 0103/06	<p>Mental Health Act Compliance Report</p> <p>Sarah Cadman gave an update to the Committee. The context of the report was data collection against the detentions of the Mental Health Act (MHA). It was noted that this update covered the quarter of October-December 2021. The following main points were noted:</p> <ul style="list-style-type: none"> • The two highest used detentions were section 2 and Section 3.

- Newport and Caerphilly had seen the highest number of detentions, based on population size, there was nothing of significance to note.
- There had been a slight increase in the use of Section 4, an emergency detention measure. This increase was not of significant concern.

The use of the MHA throughout COVID had been monitored. Discussions around continuing monitoring this data post-COVID were had. Members noted that the chart produced good comparative data and welcomed the continuation of this data presented in this format. Katija Dew, Independent Member, queried the increased use of the Mental Health Act during July 2021 and what the Health Board interpreted from this data. Sarah Cadman informed members that this data covered all Mental Health Act activity and that a further breakdown of the data was required to determine the impact on bed base. **Action:** A further look at data, comparing data to pre-COVID and aligning with lockdown periods. **Sarah Cadman** The Committee welcomed this overview of data, highlighting any learning during COVID that could improve future services.

Sarah Cadman informed members that over the past year the Health Board had seen the highest compulsory detentions of young people. Quarter 3 data indicated a decrease in this activity, with six compulsory detentions of under 18's during Quarter 2, and zero detentions during Quarter 3. Paul Deneen discussed the higher levels of admissions of under 18's as a safety issue due to limitations of space and the use of adult units. Kavitha Pasunuru informed members of the offer from the Crisis teams and the work around preventive support for under 18's. A number of serious incidents had occurred, alongside a number of children who had presented with risk taking behaviours, influenced by social media, that were of concern to the teams. Ongoing Crisis preventative work and mitigation of risks had taken place, providing open access for patients and families to receive support. Safe accommodation and appropriate areas of assessment were an ongoing concern. The Child and Families Strategic Board, alongside the Regional Partnership Board (RPB) were looking at alternative options to acute hospital admissions for young people in the Health Board area, presenting psycho-social crisis. Potential options for safe accommodation and support were in early stages of discussion, outlined as follows:

- Windmill Farm, potential accommodation.
- A potential opportunity for a discharge lounge, working alongside Local Authority partners.

The Chair questioned if the Nurturing Empowered Safe and Trusted (NEST) framework would have an impact on inpatient prevention for under 18's. Members were assured that safe accommodation, robust

	<p>services closer to home and the NEST framework were Health Board priorities. Action: NEST link to be shared with Committee members. Kavitha Pasunuru/Secretariat</p> <p>Trends of detentions were discussed. Sarah Cadman informed members that there were no unlawful detentions, referring to the incorrect completion of forms, during the last quarter. This would suggest that the training around documentation was having a positive impact. Action: Updated section 136 data to be shared outside of the committee. Verbal update given. Sarah Cadman</p> <p>Members were encouraged by the multi-agency collaborative working supporting children from a young age, and the outlined qualitative improvements. Members were informed that work was being done to capture the young person’s voice, and the Health Board was looking at alternative ways to engage feedback post-crisis. Broader engagement activities were taking place, such as Parent’s Voices Wales, Regional Youth Forum workshops and a youth section question and answer session alongside Gwent Police.</p> <p>Sarah Cadman gave an overview of the decrease in Hospital Managers activity. The structure of the MHA administration teams had changed and governance had increased, highlighting missed hearings. The health Board currently has four hospital managers. There was a recommendation that the Health Board goes out to recruit a further ten managers to fulfil its statutory duties. Members suggested utilising the Health Boards Communications Team and liaising with Local Authority Higher Education partners to facilitate recruitment. Sarah Cadman and Chris O’Connor discussed the potential short-term risks whilst waiting to recruit. Contacting Hospital Managers of neighbouring Health Boards for short-term support was discussed. Sarah Cadman to determine if there is an operational risk associated with gaps in recruitment. Action: Update on recruitment of Hospital Managers to come back to next meeting. Sarah Cadman</p> <p>The Committee thanked the team for update. The Committee thanked the team for all the hard work.</p>
3	Final Matters
MHAMC 0103/07	<p>Confirmation of risks/issues to be reported to other Committees</p> <p>The Committee queried if the impact of gaps in recruitment should be included on the Divisional Risk Register. Sarah Cadman to investigate further.</p> <p>No issues discussed were required to be reported to other Committees.</p>

	The Chair thanked the teams for the informative reports and the great work being undertaken.
4	Date of Next Meeting
	The date of the next meeting was Monday 13 th June 2022 via Microsoft Teams.