

ANEURIN BEVAN UNIVERSITY HEALTH BOARD

**Minutes of the Mental Health Act Monitoring Committee held on
Tuesday 8th December 2022 at 10:00 am via Teams**

Present:

Pippa Britton	Independent Member (Chair)
Paul Deneen	Independent Member
Katija Dew	Independent Member

In attendance:

Chris O'Connor	Interim Director of Primary Care, Community and Mental Health Services
Bryony Codd	Head of Corporate Governance
Kavitha Pasunuru	Assistant Divisional Director, Child & Adolescent Mental Health
Michelle Forkings	Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing
Kathryn Waters	Interim Divisional Director, Mental Health, and Learning Disabilities
Clare Lipetz	Divisional Director of Families and Therapies
Philip Lewis-Davies	Principle Auditor, NWSSP

Apologies:

Rani Dash	Director of Corporate Governance
Sarah Cadman	Head of Quality and Improvement for Mental Health and Learning Disabilities

	Preliminary Matters
MHAMC 0912/01	Welcome and Introductions The Chair welcomed everyone to the meeting.
MHAMC 0812/02	Apologies for Absence Apologies for absence were noted.
MHAMC 0812/03	Declarations of Interest There were no Declarations of Interest to record.

	Committee Governance
MHAMC 0812/04	<p>Draft Minutes of the Meeting Held on the 6th September 2022</p> <p>Chris O'Connor (CO'C) Interim Director of Primary Care, Community and Mental Health Services, requested that his title in the minute read 'Interim'.</p> <p>Action: Secretariat</p> <p>Subject to the above amendment, the minutes of the meeting of the Mental Health Act Monitoring Committee held on the 6th of September 2022 we noted as a true and accurate record.</p>
MHAMC 0812/05	<p>Mental Health Act Committee Action Log- December 2022</p> <p>The Committee thanked the teams for the completion of actions and updates on progress. The below actions were discussed.</p> <p>MHAMC 0912/06 Templates and supporting guidance. Action: The Committee queried the lack of an Equality and Diversity impact assessment within the report. The Director of Corporate Governance confirmed that there was work required to review report templates and supporting guidance. Paul Deneen (PD), Independent Member, queried whether or not the Governance Team used the Audit Commissioning Guidance to inform the updated templates and supporting guidance. Bryony Codd (BC), Head of Corporate Governance, assured members that this would be considered/cross referenced in the template update process, including the Equality Impact Assessment. Finalised templates would be shared in January 2023.</p> <p>MHAMC 0609/06.4 Mental Health Act Compliance Report. Action: Discussions to take place with other Health Boards to assess why ABUHB had higher numbers of the use of the Mental Health Act (MHA) on older adults. Michelle Forkings (MF), Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing, informed members that the National Benchmarking Conference had been rescheduled for 2023. The conference would enable the Mental Health (MH) team to provide comparative data on a national level to members at a future meeting. Influencing factors of the higher use of the MHA in older adults in the Health Board were discussed. MF informed members that the different bed status across Wales may be an influencing factor, alongside a variations in the presentation of need in older adults in the Health Board, including higher demand in MH acuity. Chris O'Connor (CO), Interim Director of Primary Care, Community and Mental Health Services, informed members that the pandemic had had an impact and that the Health Board had seen higher demand and level of acuity, including a rise in complex needs in presentations. The increase in Mental Health acuity in older adults would continue to be reviewed by the Division, informing future patient care requirements, and driving future service development.</p> <p>Members requested that the action remain, with an update at the next Committee meeting to include possible trends and a review on whether the Health Board was an outlier on the use of the MHA in older adults.</p>

<p>MHAMC 0812/06</p>	<p>Committee Work Plan 2022-23</p> <p>The Committee APPROVED the final workplan for 2022/23.</p>
<p>MHAMC 0812/07</p>	<p>Mental Health Act Compliance Report</p> <p>Michelle Forkings (MF), Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing, provided an overview of the use of the Mental Health Act 1983 (MHA) in the Health Board during Quarter 2.</p> <p>The following key points were highlighted to members: -</p> <ul style="list-style-type: none"> • Data was correct within the report; however, some chart displayed trends were incorrect. This would be rectified during the next reporting period. • There had been a 27.3% increase in numbers of patients detained under the MHA since Quarter 1, with a notable increase in the use of Sections 5(4), 5(2) and Section 4. • The marked increase of 88% in the use of Section 5(2) was highlighted. • The considerable reduction in the number of detentions under the MHA during national Covid-19 lockdown periods was noted. • There had been a 40% overall increase in adult compulsory admissions under the MHA since Quarter 1. • There had been a 29% decrease in hospital admissions under the MHA. • Two unlawful detentions were noted, in relation to incorrect record keeping, during Quarter 2. Members were assured that relevant training had been undertaken to address the errors, maintaining an open and transparent line of communication with both patients and families. Members requested that staff uptake on training relating to Duty of Candour be included in future reports. Action: Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing • In Quarter 2, there had been a 22% decrease in rectifiable errors. • An increase of 45% of under 18's undergoing section 136 assessments was noted and potential influencing factors were discussed. The Health Board would continue to improve on the robust risk assessment and management processes with local Police colleagues, providing the most appropriate support and care based upon individual care needs. A wider systemic approach to supporting young people was discussed. Members requested further discussion at the Public Service Board (PSB), highlighting the use of the MHA in under 18's and the review of current collaborative wrap around services provided for children and young people to support mental health and wellbeing. Action: Head of Corporate Governance/secretariat <p>Pippa Britton (PB), Independent Member and Committee Chair, requested further information on the increase in the use of the MHA, in particular the increase in Section 5(2), including whether or not the Health Board had identified any influencing factors. MF assured members that the Mental Health Group would be scrutinising the data to determine factors influencing the increase. An update on the review of the increase of the use of Section 4, Section 5(2) and Section 5(4) in Quarter 2, including contributing factors, to</p>

	<p>come back to the next Committee meeting. Action: Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing</p> <p>Paul Deneen (PD), Independent Member, queried if the increase in the use of the MHA data, as outlined in the report, was measured on an individual patient basis or by the total use of the MHA. MF informed members that the data was presented based on use of the MHA. It was agreed that future reporting of the use of the MHA would be broken down by borough to identify any patterns or trends. Action: Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing</p> <p>Kavitha Pasunuru (KP), Assistant Divisional Director, Child & Adolescent Mental Health, discussed the use of the MHA on children. There remained a high clinical threshold for admission of children and adolescents. Members were informed that Child and Adolescent Mental Health Teams (CAHMS) worked collaboratively with Adult Mental Health Services, and Local Authority partners, to provide the best care for patients presenting in crisis. The Health Board was researching nurturing and therapeutic alternative care provisions to support children and adolescents presenting in crisis, noting that the Windmill Farm facility would be opening in 2023.</p> <p style="text-align: right;"><i>Kathryn Walters joined the meeting.</i></p> <p>PD requested information on the use of adult mental health bed provision for children and adolescents presenting in crisis. KP informed members that the Health Board had one bed that could be utilised for under 18's if required. In addition, the CAHMS team worked collaboratively with Adult Mental Health Services, Local Authorities, and families to provide the most appropriate, safe care for the patients.</p> <p>Members thanked the team for the informative report and update.</p> <p>The Committee RECEIVED the report for ASSURANCE.</p>
<p>MHAMC 0812/08</p>	<p>Update from the Mental Health Act (MHA) Managers Group- including an update on the Recruitment of Hospital Managers (Power of Discharge Committee)</p> <p>Katija Dew (KD), Independent Member and Chair of the MHA Managers Group, provided an update to the Committee.</p> <p>Members were reminded of the current low numbers of Hospital Managers, as highlighted at a previous meeting. Discussions had taken place with governance leads in relation to required recruitment. Governance leads were liaising with other Health Boards around best practice for recruitment. KD requested that the recruitment process commence as soon as possible, to include succession planning prior to March 2023. Members discussed the importance of a diverse group of Hospital Managers, with a variety of knowledge and experience across the Health Board and third sector partners.</p> <p>Paul Deneen (PD), Independent Member, suggested some targeted communication, outlining the opportunities and requirements for Hospital</p>

	<p>Managers, with public and private sector employers across Gwent. KD thanked PD for the suggestion.</p> <p style="text-align: right;"><i>Clare Lipetz joined the meeting.</i></p> <p>Bryony Codd (BC), Head of Corporate Governance, confirmed that conversations had taken place with Deputy Board Secretary colleagues, regarding processes for the recruitment of Mental Health Act Managers, in order to develop a local process.</p> <p>KD assured members that the MHA Managers Group had identified a workflow model for future meeting cycles and ongoing relevant training for legislation updates and best practice.</p> <p>Chris O'Connor (CO), Interim Director of Primary Care, Community and Mental Health, alongside Members, thanked Katija Dew (KD) for the hard work, support, and dedication as the Chair of the MHA Managers Group.</p> <p>The Committee RECEIVED the update.</p>
Other Matters	
<p>MHAMC 0812/09</p>	<p>To confirm any key risks and issues for reporting/escalation to Board and/or other Committees, and predicted changes to the Mental Health Act</p> <p>There were no items to escalate to the Board and no predicted changes to the Mental Health Act.</p> <p>Members requested further discussion at the Public Service Board (PSB) to highlight the use of the MHA in under 18's, including a review of collaborative Local Authority wrap around services provided for children and young people to support mental health and wellbeing.</p>
Date of Next Meeting	
<p>MHAMC 0812/10</p>	<p>The date of the next meeting was noted as: - Thursday 9th March 2023, 10:00 -12:00 via Microsoft Teams.</p>