

**CYFARFOD BWRDD IECHYD PRIFYSGOLN
ANEURIN BEVAN/ANEURIN BEVAN UNIVERSITY
HEALTH BOARD MEETING
MINUTES OF THE MENTAL HEALTH MONITORING
ACT COMMITTEE**

DATE OF MEETING	Wednesday 21st February 2024 at 10:00am
VENUE	Microsoft Teams

PRESENT	Pippa Britton, Independent Member/Committee Chair Paul Deneen, Independent Member
IN ATTENDANCE	Nadine Gould, Divisional Director for Mental Health, and Learning Disabilities (Interim) Sandra Mason, Assistant Director Primary Care, Community and Mental Health Sarah Cadman, Head of Quality & Improvement Kavitha Pasunuru, Assistant Divisional director Michelle Jones, Head of Board Business Bryony Codd, Head of Corporate Governance Fern Cook, Meeting Secretariat
APOLOGIES	Helen Dodoo, General Manager for Mental Health and Learning Disabilities Rani Dash, Director of Corporate Governance Michelle Forkings, Divisional Nurse for Mental Health, and Learning Disabilities/Associate Director of Nursing Leanne Watkins, Chief Operating Officer

MHAMC 2102/1.	PRELIMINARY MATTERS
MHAMC 2102/1.1	Welcome and Introductions The Chair welcomed everyone to the meeting.
MHAMC 2102/1.2	Apologies for Absence Apologies for absence were noted.
MHAMC 2102/1.3	Declarations of Interest There were no Declarations of Interest.
MHAMC 2102/1.4	Draft Minutes of the Last Meeting The minutes of the meeting held on 6 th December 2023 were confirmed as an accurate record of the meeting subject to the following amendments: <ul style="list-style-type: none"> • A request to change PODC to PODSC in section 2.1 and • Apologies for absence were received from Kavitha Pasunuru, Assistant Divisional Director

<p>MHAMC 2102/1.5</p>	<p>Committee Action Log</p> <p>The Committee received and noted the action log.</p>
<p>MHAMC 2102/2 MHAMC 2102/2.1</p>	<p>ITEMS FOR APPROVAL/RATIFICATION/DECISION</p> <p>Development of Committee Annual Programme of Business 2023/24</p> <p>Michelle Jones (MJ), Head of Board Business, provided the Committee with an overview of the final Programme of Business for 2023/2024.</p> <p>The Committee was advised that the 2024/2025 forward work plans were being developed and would be brought to the next meeting. Action Michelle Jones, Head of Board Business.</p> <p><i>The Committee was content with the programme of business and approved the programme.</i></p>
<p>MHAMC 2102/2.2</p>	<p>Annual Review of Committee Effectiveness Results 2023/24</p> <p>Michelle Jones (MJ), Head of Board Business, provided the Committee with an overview of the Committee Self-Assessment results for 2023/24.</p> <p>MJ confirmed that the outcome of the self-assessment was that respondents felt that the Committee was meeting the requirements and working in an effective way but noted that there were areas for improvement that would be included in the Improving Board Business Action Plan.</p> <p><i>The Committee agreed to approve the Annual Review of the Committee Effectiveness Results for 2023/24.</i></p>
<p>MHAMC 2102/2.3</p>	<p>Committee Annual Report 2023/24</p> <p>Michelle Jones (MJ), Head of Board Business, provided the Committee with an overview of the Annual Report for 2023/24 for this Committee and noted that there was presently a vacancy for Vice Chair that was being addressed within a wider review of committee membership.</p> <p>Pippa Britton (PB), Committee Chair, and Paul Deneen, Independent Member, both suggested that it may be helpful that future reports record the title of the Director and their attendance, instead of recording individuals'</p>

names. In addition, assurance was sought as to whether a deputy could attend on behalf of the individual Director and if so whether the recording of attendance should be modified to reflect this. **Action Michelle Jones, Head of Board Business.**

The Committee approved the Committee Annual Report for 2023/24

MHAMC 2102/3.

ITEMS FOR DISCUSSION

MHAMC 2102/3.1

Mental Health Act Compliance Report

Sarah Cadman, (SC), Head of Quality & Improvement, provided an overview of the Mental Health Act Compliance Report for Quarter 3 (October to December 2023) and advised that the format of the report had been changed following the request of the Committee.

The following key points were highlighted: -

- Section 4 (an emergency application for detentions in hospital for up to 72hours) - there had been a reduction in detentions to 0. It was noted that this was the first time this year where this figure had been recorded.
- Learning Disabilities - there were 40% admitted under section 2 (allows for a person to be admitted to hospital for up to 28days) & 3 (allows a person to be admitted to hospital for treatment if their mental disorder requires treatment) and 60% admitted under section 5 (allows nurses ability to detain someone in hospital for 6hours and a doctor 72hours). The Committee noted an overall increase in detentions this quarter.
- Under 18's - a slight increase in the use of section 2 was reported for this period.

Pippa Britton (BP), Committee Chair, questioned whether under 18's detentions were the result of the Christmas period as the numbers were the same last year. SC advised there was a higher risk at Christmas especially with patients that presented with eating disorders.

The Committee also noted that:-

- The incidents reported were mainly used in adult services with the use of Section 5 (2) and Section 5 (4) having an increase.
- Section 4 there had been no usage across the Health Board during the period.
- Section 3 overall usage had reduced over the year across the Health Board.

- Failed medical Scrutiny, 3 assessment papers that had been submitted by the doctors had failed and a request for more information was to be added.
- Rectifiable Errors on documents, 16 errors had been found within the quarter, noting this was an improvement since the same period last year.
- Section 136 (Provided police with emergency powers) were reported to have the highest detentions in Newport and Caerphilly at 59%.
- Section 135 (allows police to enter a person's home and taken them to a place of safety) reported 7 incidents with 3 assessed and detained under section 2 and 4 assessed and detained under section 3.
- Mental Health Act Managers Hearings were mostly held for renewing applications.

Paul Deneen (PD), Independent Member, requested for a report to come to a future Committee on the impact of the changes of Right Care, Right Person and what changes this may have on the Police arrangements.

Action Sarah Cadman, Head of Quality & Improvement

The Committee received the report detailing the use of the Mental Health Act during the period for assurance.

MHAMC 2102/3.2

Power of Discharge Sub Committee (PODSC) Update

Paul Deneen, (PD), Independent Member, provided an update from meeting held on 13th February 2023 and it was noted that: -

- The Meeting Secretariat had confirmed that the minutes of PODSC will be completed in time for this meeting to ensure that this Committee has timely over sight of the PODSC minutes.
- Regular meetings of the PODSC are diarised, with a focus of 1hour of training and 30minutes training for each meeting.
- An annual programme of training had been drafted and would be reviewed at the next PODSC.
- All Wales Managers Conference was due to be held in March 2024 and members would be attending.
- The data from the Mental Health Act Compliance Report would be shared with Members in the next PODSC.

	<ul style="list-style-type: none"> New processes had now been established for the PODSC to have a clear view of what was expected of the Committee. <p>Sarah Cadman (SC), Head of Quality & Improvement, advised that managers that attend PODSC had advised that they had a voice and that the new meeting structure for PODSC was working well.</p> <p><i>The Committee noted the update.</i></p>
MHAMC 2102/3.3	<p>Mental Health Act Monitoring Policy</p> <p>Bryony Codd (BC), Head of Corporate Governance, advised the Committee that the Mental Health Act Monitoring Policy had previously been considered by this Committee and that the amendments requested had now been included in the policy. BC also advised that the ownership of the policy would now sit with the Chief Operating Officer. The Committee noted that the Head of Quality and Improvement as yet, had not reviewed the updated version.</p> <p><i>The Committee approved the policy and asked that Sarah Cadman, Head of Quality & Improvement, urgently review the final version. Action: Bryony Codd, Head of Corporate Governance.</i></p>
MHMAC 2102/4.	ITEMS FOR INFORMATION
MHMAC 2102/4.1	No items for information.
MHMAC 2102/5.	OTHER MATTERS
MHMAC 2102/5.1	<p>Items to be Brought to the Attention of the Board and Other Committees</p> <p>There were no items to be brought to the attention of the Board and Other Committees.</p>
MHMAC 2102/5.2	<p>Any Other Urgent Business</p> <p>Sarah Cadman (SC), Head of Quality & Improvement, advised the Committee there had been changes to the Health Board's QPS Department and that the representation on this Committee may change going forward.</p>
MHMAC 2102/5.3	<p>Date of the Next Meeting</p> <p>Tuesday 4th June 2023.</p>