

Caerphilly Responsive Feeding Team

The Responsive Feeding Team works alongside the Community Midwives in Ysbyty Ystrad Fawr to offer support and advice with feeding your baby for the first month after you have been discharged from hospital. We support with both breast and bottle feeding. The Team contact you by phone within 72 hours of you leaving hospital and at regular intervals during the first four weeks, we offer support by phone or by visiting you at home, whichever is best for you.

How we can help

Our Nursery Nurses are trained to offer support with all aspects of feeding including:

- ❖ Positioning and latching on for breast feeders
- ❖ Responsive Feeding - recognising when your baby is hungry or full
- ❖ Colic & Wind Relief, using natural baby massage techniques
- ❖ Recommendations on making up feeds and safe sterilisation of equipment.

We are here to support parents in building a loving relationship with their baby and giving them the best possible start in life.

If you would like to speak to a member of the Team please contact us on 01443 802790.

