

Emergency Dental Treatment Advice

If you require an emergency dental appointment or are looking to register with an NHS dentist for routine treatment, please call the:

Dental Helpline on 01633 744387

Email: ABBDental.Helpline@wales.nhs.uk

What is a dental emergency?

The following are classed as emergencies:

- Dental bleeding that will not stop.
- Acute spreading infection
- Broken tooth with pain

For severe toothache you can contact the Dental helpline to seek advice.

What should I take for Pain?

Painkillers, such as **Paracetamol, or Co-Codamol** are useful to ease pain, but it is best to take them regularly for a few days or so rather than every now and then.

They can be bought over the counter, from a pharmacy or local shops. Make sure you don't take any other product containing Paracetamol as well.

With all medication it is essential that you follow the instructions on the packet or bottle carefully.

Anti-inflammatory painkillers can also be used. These relieve pain and may also limit inflammation and swelling, however if you are pregnant or trying to get pregnant you shouldn't use them.

Side effects sometimes occur with anti-inflammatory painkillers - stomach pain and bleeding from the stomach, are the most serious. Some people with asthma, high blood pressure, kidney failure or heart failure may not be able to take them either.

They can be bought over the counter, from a pharmacy or local shops.

Reference:

<https://abuhb.nhs.wales/community-services/gps-dentists-etc/dentist/the-community-dental-service/>

<https://abuhb.nhs.wales/files/community/dental-helpline-information-leaflet/>

If you are at all concerned about your injury, please contact the relevant

Emergency Department: Grange University Hospital: 01633 493287

Minor Injury Unit (MIU):

Royal Gwent Hospital: 01633 234056

Nevill Hall Hospital: 01873 732073

Ysbyty Ystrad Fawr (YYF): 01443 802353

Ysbyty Anuerin Bevan (YAB): 01495 363318