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## **What is haematuria?**

Haematuria means blood in the urine.

## **Why have I been referred to the haematuria clinic?**

Your doctor has arranged for you to be seen because you have either seen blood in your urine (visible haematuria) or a urine test carried out has found blood (non-visible haematuria) even though you have not seen it yourself. We need to check that there is no serious cause for this.

## **What causes haematuria?**

Haematuria has many causes, examples of which include kidney or bladder stones, urine infection, or bleeding from the prostate. Sometimes however haematuria can be caused by bladder or kidney cancer.

## **What will happen when I attend?**

You will be seen by a doctor or nurse who will ask you questions about your general health and any symptoms you had at the time the blood was found. The following will be arranged: urine and blood tests, an ultrasound scan of your kidneys and a bladder inspection (flexible cystoscopy).

## **What is the urine test for?**

A urine sample will be taken to look for infection.

## **What are the blood tests for?**

Blood tests are taken unless you have recently provided these. They assess your general state of health and check that your kidneys are working satisfactorily.

## **What is an Ultrasound Scan?**

This involves putting some gel over your tummy and sides then passing a probe over your skin to image your kidneys and bladder. It is a safe and painless test which allows the doctor to look for anything abnormal. It only takes a short time to complete.

## **What is a flexible cystoscopy?**

A small telescope about the diameter of a pencil is put into your water pipe (urethra) and then slowly passed up into your bladder. This allows the doctor/nurse to look inside your water pipe and bladder for any abnormalities. You will be given an information sheet which explains more fully what this test involves. This test takes about 10 minutes and you will be able to go home afterwards.

## **Will this all be done on the same day?**

Normally yes, but sometimes you may be asked to have them on different days.

## **Will I need any other tests?**

Sometimes yes. A different test to look at the kidneys and their drainage is sometimes needed - CT Urogram. Should you need this your doctor or nurse will discuss this with you.

## **Follow up**

Once all your investigations have been carried out you will be told the results. If your tests are all normal you will usually not need to be seen again in clinic. A letter will be sent to your GP to inform him/her of this. Should you see blood in your urine in the future you should arrange to see your GP again as you may need to be referred back again for further investigation.

If any abnormalities have been found, you will be told and given more information about any further treatment or investigations you need.

## **If you have any questions or concerns, please find below contact numbers for the Urology wards and Urology nurses: -**

### **Urology Wards: -**

D2 West on: - 01633 – 234103 (24 hours)

### **Urology Day Ward: -**

Tel. No: - 01633 – 656378 / 656377  
Monday – Friday office hours

### **Urology Outpatients Department: -**

Tel. No: - 01633 – 234979  
Monday – Friday office hours

Laura Reynolds, Urology Nurse Practitioner: -  
Tel. No: - 01633 234758  
Monday – Friday office hours

Sarah Osman, Urology Nurse Practitioner:-  
Tel. No: - 01633 234043  
Monday – Friday office hours

Julie Simpson, Uro-oncology Specialist Nurse: -  
Tel. No: - 01633 – 238976

**Reference:**

Tanagho E A McAninch J W 2003. Smiths General Urology

**“This document is available in Welsh /  
Mae’r ddogfen hon ar gael yn Gymraeg”.**