



GIG
CYMRU
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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

**Information for Patients
Care of Your Splint
Thermoskin Gloves**

**Rheumatology Services
Occupational Therapy**



Care of Splint

These gloves have been individually fitted for you. If you have any doubts as to their purpose please contact your therapist named below.

Name of splint Thermoskin gloves

Small / Medium / Large/Extra Large

Purpose of splint

- To help reduce hand pain
- To provide finger / hand support during hand function

When to wear the splint

Wear for 30 minutes initially and then check skin for red areas / skin reactions

- Wear during the day during daily life activities.
Take off at night

Precautions

1. Should you experience pins and needles, red areas from rubbing or an allergic reaction from the splint please stop wearing it immediately and contact the therapist below.
2. Do not adjust them.
3. We advise you to inform your Insurance Company if you wear your gloves when driving.
4. The material your gloves are made from is flammable but presents no more risk than your clothing. (See manufacturers leaflet)

Cleaning

1. Your gloves may be washed by hand in warm water using mild soap.
2. Do not put in the washing machine as this may cause it to change shape.
3. Air dry. Do not put in the tumble drier.
4. Ensure your gloves are completely dry before applying.

Therapist:

Date of issue:-

Review date:-

