

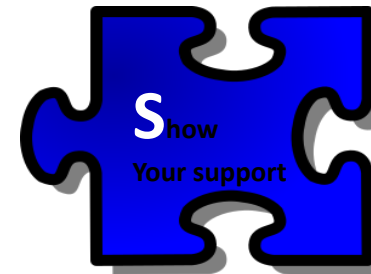


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# ABOUT ME APP





## ABOUT ME APP

The 'About Me' app was created in response to feedback from young people with autism and will make it easier for people with autism to access, hold and share information about their condition with professionals. The app aims to put the child at the centre of clinical practice and will provide a low cost solution to information sharing.

The new mobile app, currently available on the Android platform, contains key information about a person with autism including a profile of their needs and strengths, a progress tracker of the assessment process and information about support services available.

The mobile app development was funded by the Wales Health Technology Challenge. It can be downloaded free of charge from the Google Play Store, search for

'About Me (autism passport)'

*or from*

[https://play.google.com/store/apps/details?id=ua.com.doublekey.aboutme&hl=en\\_GB](https://play.google.com/store/apps/details?id=ua.com.doublekey.aboutme&hl=en_GB)

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Cynlluniwyd ap 'About Me' mewn ymateb i adborth gan bobl ifanc ag awtistiaeth, a bydd yn ei gwneud hi'n haws iddynt gael gafael mewn gwybodaeth am eu cyflwr, ei chadw a'i rhannu â gweithwyr proffesiynol. Nod yr ap yw gwneud y plentyn yn ganolbwynt ymarferion clinigol, a bydd yn darparu dull llai costus o rannu gwybodaeth.

Mae'r ap symudol newydd, sydd ar gael ar y plattform Android ar hyn o bryd, yn cynnwys gwybodaeth allweddol am unigolion ag awtistiaeth, gan gynnwys proffil o'u hanghenion a'u cryfderau, dyfais i fesur cynnydd y broses asesu a gwybodaeth am wasanaethau cefnogaeth sydd ar gael.

Ariannwyd datblygiad yr ap symudol gan Her Technoleg Iechyd Cymru. Gellir ei lawrlwytho yn rhad ac am ddim o'r Google Play Store drwy chwilio

'About Me (autism passport)'

*neu drwy'r ddolen hon*

[https://play.google.com/store/apps/details?id=ua.com.doublekey.aboutme&hl=en\\_GB](https://play.google.com/store/apps/details?id=ua.com.doublekey.aboutme&hl=en_GB)

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