



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Admission to Hospital

Are you 16 – 18 years old?

Between the ages of 16 and 18 you get to choose whether to stay on the Children's Ward or one of the adult wards. Wherever you stay the treatment you receive will be the same.

Before you choose which ward you would prefer to stay on please read the following information because there are a few small differences.

Please note Nevill Hall Hospital is a no smoking trust therefore smoking is not permitted anywhere on the hospital site.

Children's Ward (Ward 2/3)

- Patients from one day old-18 years.
- Mixed bays, i.e. males and females are in the same bay.
- You may have your own room or be placed in a bay with young children.
- You are **not** allowed to leave the ward unaccompanied. You may leave the ward if accompanied by an **adult** if the nurses are happy you are well enough to do so.
- You are allowed visitors at **any time** of the day **except 12.45-2pm** as this is ward quiet time.
- All visitors under 16 years must be accompanied by an adult.
- A **parent** or **guardian** can stay with you overnight on the ward. **No boyfriends/girlfriends or friends are allowed to stay overnight.**

- There are TVs, DVDs and computer games for you to use during your stay.
- There is a **strict 9pm bedtime** after which all TVs, DVDs and games must be switched off.
- Hot food is served at lunchtime and the evening.

Under no circumstances are you allowed to leave the ward on your own to smoke

Adult Wards

- The ward you will go to depends on which specialty is responsible for your care e.g. medical/surgical/orthopaedic etc
- Patients are over 16 years.
- You may have your own room or be placed in a bay with people a similar age or a lot older. Bays are single sex i.e. males and females are separated.
- You are allowed to leave the ward **unaccompanied** if the nurses are happy that you are well enough to do so.
- Visiting hours are restricted to a few hours each day; the exact times vary between the wards.
- No parents/ guardians/partners or friends are allowed to stay with you overnight.
- Ward lights turned out between 9-11pm
- Hot meal is served at lunchtime and a sandwich or snack is served in the evening

I confirm that I have read this leaflet and I understand the rules of staying on the children's ward.

Signed

Name

Date

Useful numbers and websites

www.childline.org.uk 0800 1111

www.samaritans.org 0845 790 9090

Drugs and alcohol

www.talktofrank.com 0800 776 6600

www.drugaidcymru.com 0292088 1000

aa-uk.org.uk 0845 769 7555

Sexual Health

Leven House Clinic
Lion St
Abergavenny
Monmouthshire NP7 9RB

Contraception & Sexual Health Service open 9.30am-12.00pm drop in clinic

Sexual Assault

Newpathways.org.uk 01685 379 310

Pregnancy

Beth service 01633 623 718