

## **Discharge Advice for Parents of Children who have had an Adenoidectomy**

### **Rainbow Unit (Children & Young Persons)**

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To help your child's recovery, it is important that he/she eats and drinks as normally as possible. If your child is reluctant to do so it is advisable to offer frequent drinks and small snacks.

#### **How soon can my child go to school?**

Your child will be prone to infection for a while until the adenoid bed heals.

It is advisable to keep him/her away from school for about seven days. Please avoid crowded places and large groups of people to minimise the risk of infection.

#### **What shall I do if my child starts bleeding or feels unwell at home?**

Occasionally further bleeding may occur from the operation site after your child has been discharged home. If your child looks pale, complains of feeling unwell, starts swallowing excessively or vomits blood, please either contact your own doctor, or phone the ward for advice.

You may be advised to bring your child back to the ward to be assessed by a doctor. It is possible that he/she may be re-admitted and be started on antibiotics in case of infection.

Occasionally, your child may need another operation to stop the bleeding, so it is important not to give anything to eat or drink until you have talked to a doctor.

If you have any further queries about your child, please ring the ward staff on:-  
**01633 - 234014.**