

Patient Information

Dacrocystorhinostomy

Eye Unit

You will be having an operation to construct a new drainage channel for tears in an attempt to prevent your eye watering.

The name of the operation is 'Dacrocystorhinostomy'. It is often called DCR.

Will my eyes still water after the operation?

Your eye will water after the operation. This is normal and will settle down when the new tear channel is fully working.

A tube is sometimes inserted to help keep the new channel open. Whilst this in place the eye will continue to water. The tube will be removed in the out-patients department approximately 3 months after the operation.

When will my stitches be removed?

The stitches are removed 5 to 7 days after the operation. You will be given an appointment to return to the out-patients department to have them removed.

What am I allowed to do when I go home?

You can lead a normal lifestyle but you should avoid too much activity in the first couple of days and avoid bending. You should not participate in active sport. You will be able to return to work after one week.

What precautions should I take?

Try to refrain from sneezing. If you feel the urge to sneeze, pinch your nostrils together - this will prevent sneezing. Do not blow your nose or interfere with your nostrils as it may dislodge the tube.

What should I look for?

If you notice any redness, swelling or discharge around the stitches, or if your eye becomes sticky with a discharge, consult your doctor or telephone the **Emergency Eye Clinic** on **01633 - 238856** for advice.

A slight trickle of blood is not uncommon for a couple of days and is nothing to worry about.

If there is **heavy bleeding**, apply ice wrapped in a cloth to the bridge of the nose. Call a doctor or telephone:- **01633 – 238856 between 8:30am and 5:30pm**. Alternatively contact the Ophthalmology doctor on call via the switchboard outside of these hours.

Cancellation of appointment

If you are unable to keep your appointment, please let us know in good time so that we can use it for someone else.

Please telephone:- **01495 765186 - Option 2.**

Contact Numbers

Appointments:- **01495 765186 – Option 2**

If you are concerned do not hesitate to phone:-

01633 - 238415 for advice.

PERSONAL NOTES

**“This document is available in Welsh /
Mae’r ddogfen hon ar gael yn Gymraeg”.**