

## Information for Patients

### Following Lid Surgery

#### Eye Unit

This information leaflet is designed to answer any queries you have following your surgery.

#### **How much pain should I expect following the operation?**

The local anaesthetic injected around the lid area of your eye can take up to 2 hours to completely wear off.

It is possible you may have some discomfort when this occurs. This should be relieved by taking mild painkillers such as Paracetamol. The surgeon will prescribe a stronger alternative painkiller if felt necessary.

#### **Should I protect my eye?**

Normally no dressing is applied to your eye following lid surgery (unless your surgeon suggests it). You can wear your own glasses or sunglasses.

#### **What precautions do I need to carry out following my surgery?**

To help prevent bleeding and reduce initial swelling:-

- Rest quietly today.
- Do not take alcohol, hot spicy foods and piping hot fluids.
- Your surgeon may require you to apply an ice pack to your lids at home later today. The nurse will advise you on how to do this.

#### **What do I need to observe following surgery?**

You may have some bruising and swelling around the eyelids, and there may be slight oozing in the first 24 hours.

#### **You should contact us if any of the following occur.**

- Bleeding which does not stop after a short period.
- Marked swelling around the lid area.
- Severe pain which is not relieved following painkillers.
- Persistent discharge.

**Should I bathe my lid area?**

You may gently wipe around the lid area using cotton swabs and cooled boiled water. Avoid wiping near the stitches in case you pull them out or disturb the wound.

**When will I be seen in clinic?**

The nurse will give you a clinic appointment to see the doctor and if necessary have your stitches removed. Please continue with your eye drops or ointment as prescribed until this appointment.

**Who do I contact if I am worried?**

If you are concerned about your eyes or you have any queries please do not hesitate to contact us on:-

**Emergency Eye Clinic – 01633 238856  
08:30am-5:00pm**

**Outside of these hours, please contact the Ophthalmology doctor on call via the switchboard**

**Personal Notes:-**

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Mae’r ddogfen hon ar gael yn Gymraeg”.**