

Incision of Cysts

Information for patients under the care of the Eye Unit

After Your Minor Eye Procedure

The minor procedure you had today should not cause any significant problems once you return home. This leaflet provides guidance and answers to common questions you may have after leaving the clinic.

After the Local Anaesthetic

A small amount of local anaesthetic was injected into your eyelid to allow the procedure to be carried out comfortably. This may take **up to 2 hours** to fully wear off.

As the anaesthetic wears off, you may experience some mild discomfort. This can usually be relieved with simple pain relief such as **Paracetamol** (following the instructions on the packaging).

Bleeding and Cleaning the Area

A small amount of bleeding around the treated area can occur and should stop fairly quickly.

If dried blood causes any stickiness:

- Use **cotton wool** and **cooled boiled water**
- Gently clean around the eye
- Wipe **from the outer corner toward the inner corner** (towards the nose)

When to Seek Advice

Please contact us if:

- You experience significant or worsening pain that is not relieved by painkillers
- Bleeding continues or restarts and does not stop
- You have any concerns about the treated area

Where to Get Further Advice

Eye Outpatient Department

Tel: 01633 656268 **Hours:** 8:30am – 5:00pm

Outside these hours

Contact the **Ophthalmology doctor on call** via the hospital switchboard.

**This document is available in Welsh /
Mae'r ddogfen hon ar gael yn Gymraeg.**