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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Information for Parents Attending the Eye Clinic Ophthalmology Department

When your child attends the clinic they will see different members of the eye team. At some visits it may only be 1 member of the team you see, at other appointments it may be all of the team. This is to help reduce the number of visits your child will need, but may mean you are here for a 2-3 hours.

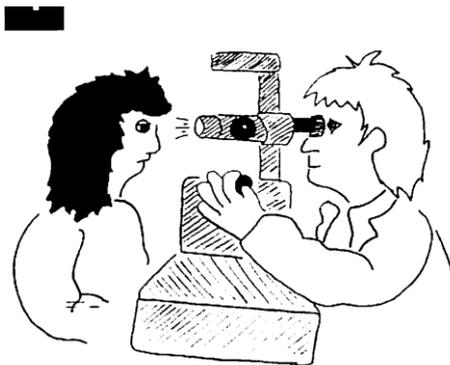
The Eye Team

The orthoptists test vision, look at eye movements, and measure squints using different tests.

Clinic nurses who will show you where to go within the clinic, and will administer the eye drops.

The optometrists check the need for glasses, and will issue a prescription for glasses or contact lenses if needed

Ophthalmologists are the eye doctors, who examine the health of your child's eyes, looking for any problems and offer treatment as needed.



When your child comes to the eye clinic, they may require to have eye drops put in their eyes.

These eye drops are called Cyclopentolate, and are used to enlarge (dilate) the pupil (the black centre of your eye). This allows the doctor or optometrist to examine the back of the eye, or check the need for glasses.

It usually takes between 20 and 40 minutes for the eye drops to work. The effects normally last for about 6 hours, but can be up to 48 hours.

The Cyclopentolate eye drops sting a little when they go into the eyes, but blinking helps to reduce the sting, and also helps to distract your child too. Sometimes the eye drops may need to be administered twice, or another eye drop added if the pupils do not dilate well enough.

The side effects of Cyclopentolate include, blurring of the vision, sensitivity to sunlight, and occasionally flushing of the cheeks. It may help to bring a hat and/or sunglasses to the appointment to wear home following the appointment, and if your child is going back to school, letting the teacher know their vision may be blurred, is helpful too.



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Mae’r ddogfen hon ar gael yn Gymraeg”.**