



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

## Ty Lafant

### Assessment and Treatment Unit



### Information:



This is information about staying at Ty Lafant.



You can call us to ask any questions:

**01633 623619**

## Welcome to Ty Lafant:



We are an assessment and treatment unit.



We help adults with learning disabilities through hard times.



We help people feel better.



## Places on Ty Lafant:

We have 7 bedrooms.

You will have your own room.



2 bedrooms have their own bathroom.

We have shared bathrooms to suit everyone.



We have a day room for everyone.

You can relax in the day room.

You can do fun things in the day room.

There is a TV in the day room.



We have a sensory room.

You relax in the sensory room.



We have a visitors room.

You can see friends, family and staff who help you in the visitors room.

## Staff on Ty Lafant:



Nurses,



Support Workers,



And therapists.



Ty Lafant staff and your community team will help you plan your care.



You can refer to advocacy.

You can talk to staff about any worries.

## Bring with you:



Clothes;

You can wash your clothes on the unit.



Toiletries that you like.



Personal things;

Things that make you happy.



Money or a bank card



Phones or tablets can be used in your bedroom.



We will check your items are safe.  
Some items can be kept safe for you.

### **Do not bring:**



Drugs,  
Alcohol,  
Sharp Objects,  
Vapes.



You cannot smoke inside Ty Lafant.



You can only smoke cigarettes in the  
smoking area.



The smoking area is in the garden.

## Keeping you safe:



The front door is not always locked.

Sometimes the front door is locked to keep you safe.

Staff on Ty Lafant will tell you about the door.



No violence or aggression on Ty Lafant.

No hurtful or offensive words.

No racist words.

No bullying.



Any crime will be reported to police.

## Visitors:



Family and friends can visit you.



Visitors can use the visitors room.

Visitors can use the outside area at the front of Ty Lafant.

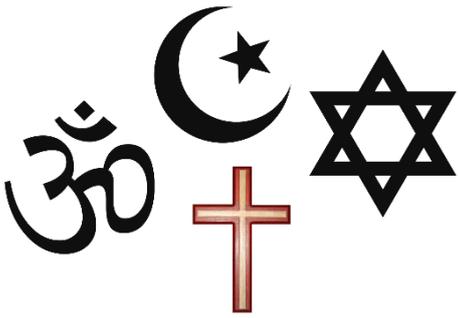


Children cannot come in to Ty Lafant.

Children can visit outside the unit.



Please tell staff when visitors are coming.



## Religious and Cultural Needs:

Staff will support you with religious and cultural needs.



## Mental Health Act:

You may come to Ty Lafant because of the Mental Health Act. We have easy read information to help you understand this.



## Information Consent:

You can tell staff if you want to share your information with family and friends.  
You can change your mind at any time.



Your information will be shared with professionals who work with you.



## How you feel:

You can talk to staff.

You can complain if you are not happy.



## Advocacy:

Advocates help you say what you want and need. Advocates can visit you on Ty Lafant.



Staff can help you contact advocacy services.

You can contact advocacy privately.

**Contact details are on the ward notice board**



## Health Inspectorate Wales (HIW):

HIW checks Ty Lafant is safe and is giving good care.

You can contact HIW if you are worried about your care.



**Contact details are on the ward notice board**

**If you have questions:**

You can read the patient information file on Ty Lafant.

You can talk to staff.

**This document is available in Welsh /  
Mae'r ddogfen hon ar gael yn Gymraeg**