

Information for Patients

Care of the Mouth following Surgery

Maxillofacial & Oral Surgery

Instructions on the care of the mouth following surgery as a day patient....

1. **Do not rinse your mouth for the rest of the day** it may start the socket bleeding. The mouth must be kept clean so this can be helped by warm salt water mouthwashes carried out every two hours. Use your toothbrush regularly after eating.
2. **For the rest of the day take things quietly.** Take only cool non-alcoholic drinks. Eat a soft diet.
3. To stop bleeding apply pressure with gauze swabs or a folded handkerchief. Bite on it for half an hour.
4. **Please take your antibiotics if you have been prescribed them** and make sure you finish the course. If you develop a rash or become unwell, stop taking the tablets and consult your own doctor or contact us on the numbers shown below.
5. Maintain an adequate diet and fluid intake. **Milk dishes are good if semi-solid food is necessary.**
6. **For certain operations a further appointment will be given to you.** Make sure that you attend so that your progress can be suitably assessed.
7. Stitches (sutures) are dissolvable. They may take up to 70 days to dissolve.

Remember, the Maxillofacial Surgery Team are here to help.

If you have any problems please ring the following numbers:- 01633 – 238372 or out of hours the 'on call' Maxillofacial SHO on:- 01633 - 234234

Patients Name:-

Number:-

Appointment/s

Date:-

Time:-

Year:-

Date:-

Time:-

Year:-

Notes or further instructions:-

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