
Surgical procedure under General Anaesthetic

Before your appointment

1. **Do not eat after midnight** – this includes chewing gum and boiled sweets.
2. You may have **sips of clear tap water** until **6.00 am** on the day of your appointment.
3. Please have a shower/bath – do not re-apply makeup, nail varnish.
4. Please do not wear false nails, or any piercings / jewellery (with exception of wedding ring).

Please bring with you:-

- Current tablets, or medicines.
- Dressing gown, socks and slippers.

It is essential that you have organised:-

- Transport home (not public transport).
- A responsible adult to attend with you and then be available to provide 24 hour care from time of discharge.

Please note that only children being treated are allowed to stay in the unit.

On admission

1. You will be admitted by a nurse, and seen by the clinical team.
2. You will be given an approximate time for going into theatre once all patients have been admitted.

3. Before your operation you will be asked to sign a consent form. There will be an opportunity for you to ask questions prior to signing; this is to ensure that you completely understand the proposed treatment.
4. Children attending under age 16 will require a parent / legal guardian to sign their consent form.
5. You will be given a bed and asked to change into a theatre gown. Your clothes and possessions can be stored in a bed side locker; **however please do not bring valuables with you.**
6. You will be taken into theatre and connected to monitoring equipment, prior to your anaesthetic.
7. Following surgery you will wake up in the recovery room and oxygen will be given to you via a mask.

Following surgery

1. You will need to stay in the ward until it is thought that you are well enough to travel home. The nurse can advise you of an approximate time once the order of the list is decided.
2. You will **not** be allowed to drive your own car home, and you should not drive for a further 24 – 48 hours or handle any mechanical devices or domestic appliances. Do not sign any legal documents during this time. **You must be with a responsible adult who is willing to take you home.**
3. When you get home, you need to rest. **Your carer will need to be with you until the following day.** Children should remain indoors and supervised for 24 hours.
4. A follow up appointment will be given to you if necessary

Remember the maxillofacial team are here to help.

If you have any queries regarding your appointment please ring:- 01633 - 238372

If you are unwell or think you can not attend your scheduled appointment it is important to let the department know as soon as possible, so that it can be offered to someone else.