

**Information for Patients  
attending the Maxillofacial and  
Oral Surgery Day Unit**

**Surgical Procedure under Local  
Anaesthetic and Intravenous  
Sedation**

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## **Surgical procedure under Local Anaesthetic and Intravenous Sedation**

### **Before your appointment**

1. **Do not eat anything from Midnight prior to your appointment** – this includes chewing gum and boiled sweets.
2. You may have **sips of clear tap water** up until 3 hours before your appointment time
3. Please do not wear makeup, nail varnish, or false nails

### **Please bring with you:-**

- Current tablets or medicines.

### **It is essential that you have organised:-**

- Transport home (not public transport).
- A responsible adult to attend with you, take you home, and then be available to provide 24 hour care from time of discharge.

## **On admission**

1. You will be admitted by a nurse, and seen by the clinical team.
2. Before your operation you will be asked to sign a consent form. There will be an opportunity for you to ask questions prior to signing; this is to ensure that you completely understand the proposed treatment.
3. Children attending under age 16 will require a parent / legal guardian to sign their consent form.
4. You will be taken into theatre and connected to monitoring equipment so it is suggested that you wear a short sleeved garment with a button up front.
5. The sedation is given by a small needle in the back of the hand or in your arm. It will make you drowsy but will not put you to sleep.
6. You will be given protective glasses to wear and covered with sterile paper drapes.
7. The surgeon will then give you local anaesthetic to numb the area before carrying out your operation.
8. During your surgery you may be given oxygen through small nasal tubes.

## **Following surgery**

1. You will remain in the department until you are fit for discharge; this is approximately 1 hour following sedation.
2. For the 24 hours following discharge:
  - You should not drive
  - You should not handle any mechanical / domestic appliances
  - You should not sign any legal documents

3. When you get home, you will need to rest.
4. A follow up appointment will be given to you if necessary

**If you have any queries  
regarding your appointment  
please ring:**

**01633 238372**

**If you are unwell or if you can not attend your scheduled appointment it is important to let the department know as soon as possible, so that it can be offered to someone else.**