

**Additional information
for patients attending a
women's or men's
health physiotherapy
appointment**

This additional information is provided to be read in conjunction with the following leaflet - Outpatient Physiotherapy Treatment (PIU 585).

You will be assessed and treated by a female physiotherapist in a private environment.

An internal examination may be indicated as part of your assessment in order to develop your treatment plan. You can have a friend or relative present during this if you wish - please ask. You may decline an internal examination at any time or for any reason. However, the physiotherapist may not be able to offer optimum treatment if they cannot fully assess your problem.

For women:

Where applicable, please attend this first appointment even if you have your period as a physical examination can be arranged at a later convenient date.

Scan the QR code for quick access via
your Smartphone



This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg