

**Information for Patients** 

Lying Support Systems

**Physiotherapy Service** 

- These are used to safely position a person with complex needs when they are lying. Otherwise referred to as sleep systems.
- They are a variety of cushions and supports used to maintain posture during time spent lying on a person's back or side.
- The aim is to improve sleep pattern and is part of the 24/7 postural management approach.
- This will be assessed by a therapist and appropriate training provided for those who care for the person.



This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg