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Aneurin Bevan
University Health Board

Information for Patients

Posture in Wheelchair

Physiotherapy Service

Useful Telephone Numbers

Wheelchair services/repairs	01443 661799/761
Rehabilitation Engineering	02920 313931
Adult Learning Disabilities Physiotherapy	01633 656300

This information has been provided by:

Physiotherapy for Adults with Learning
Disabilities

Aneurin Bevan University Health Board



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**HELPFUL INFORMATION
WITH POSTURE NEEDS IN
WHEELCHAIRS**



Questions to consider if someone you support appears uncomfortable or their position has changed in their seating

- Does the person appear to be in any pain? If so is there a known reason for this or is further investigation needed?
- Check their skin condition. Have you noticed any red areas (especially over any bony areas)?
- Have they been hoisted into the seating correctly? Have they slipped forward? Is there a space between their bottom/back and the back rest? If needed HOIST AGAIN AND REVIEW.
- Are both buttocks in contact with the seat cushion? If not ask yourself if there is a reason for this. If needed HOIST AGAIN AND REVIEW.
- Are they leaning to one side? Consider arm rest or tray use. If needed HOIST AGAIN AND REVIEW.
- Are all straps and supports in the correct place (lap belt, chest harness, side supports and foot straps)?
- Are all straps fastened as and when needed (not too tight or not too loose)?
- Is their head in a good position in line with the headrest. Are they having problems eating or drinking?
- Are their feet supported?
- Have they tucked their arms between their body and the side of the chair?

After addressing all the questions above if you are still not happy with the support and posture in the short term consider an alternative position or piece of equipment and contact your Physiotherapist, Occupational Therapist or seating provider.

This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg