

**Self-Referral to the  
Domiciliary Respiratory  
Physiotherapy Service**

You have been referred to the domiciliary Respiratory Physiotherapy team.

We will continue to regularly review you at the MND clinic.

If in between clinics you feel that you have retained secretions and /or your cough is not effectively clearing your chest then please contact our team.

Please keep this leaflet safe as it contains information about your how to contact the domiciliary respiratory physiotherapy service if you feel we can help you further.

If you no longer attend the MND clinic, where clinically indicated, future advice, reviews or treatment can be provided. There are two ways you can re-access the service:

- A new referral can be made by your Respiratory Consultant.
- Or you can use the self re-referral procedure outlined below.

If you wish to self re-refer you should contact the telephone number indicated overleaf and provide the receptionist with the basic information completed on this leaflet. A physiotherapist will then contact you to discuss your concerns and decide on the most appropriate course of action.

The physiotherapist may need to seek further information before making a decision and will keep you informed. If you have any concerns about your discharge plan please discuss with your physiotherapist.

**Information**

Name: ..... Date of Discharge: .....

Address: .....

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Hospital No: .....

Name of person who may phone us on your behalf: .....

Relationship to you: .....



**Hospital:**

County Hospital, Coed-Y-Gric Road, Griffithstown, Pontypool, NP4 5YA

**Therapist:** Jill Haworth / Gemma Willis

**Physiotherapy Contact** Number: 01495 768679

Additional advice or relevant information, services or contact numbers:

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Completed by: ..... Designation: .....

Signature: ..... Date: .....

**This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg**