

Standing

Standing frames are used for people who are unable to hold themselves up against gravity and have the potential to continue weight bearing.

If suitable, standing frames will be assessed by a therapist and the correct frame chosen based on the person's needs.

Standing helps:

- Better circulation
- Improve digestion
- Stretch tight muscles
- Improve breathing
- Better sleep
- Getting involved with people and activities around them
- Maintain joint range of movement and posture



This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg