

**Dermatology Direct Access**  
**System for Psoriasis Patients**  
**Department of Dermatology**

## **What is Psoriasis Direct Access?**

Patient Initiated Follow-up (PIFU) patients do not have a set date for a routine appointment. Instead, they can contact the **Dermatology Unit** when they feel they need to be seen.

If your psoriasis is becoming unmanageable or your treatment is not working. We will arrange for you to be seen in the next available clinic appointment or telephone appointment. ***It is not an emergency service.***

## **Will I still be able to see my GP about my psoriasis?**

Yes you can still see your GP and also obtain ongoing supplies of your current creams/ointments as required. The Dermatology department do not provide a repeat prescription service for your creams/ointments.

## **Telephone: 01633 656362**

Please leave your name, date of birth/hospital number and a contact number and a short message

## **Email: [abb.derm@wales.nhs.uk](mailto:abb.derm@wales.nhs.uk)**

Please ensure that you include your name, date of birth/hospital number and a short message

## **Useful websites:**

[www.psoriasis-association.org.uk](http://www.psoriasis-association.org.uk)

[www.papaa.org](http://www.papaa.org)

[www.bad.org.uk](http://www.bad.org.uk)

**"This document is available in Welsh /  
Mae'r ddogfen hon ar gael yn Gymraeg".**