

## Information for Parents and Carers

# Helping your Child Learn About Language Speech and Language Therapy

This leaflet gives some examples of how parents and carers can help develop their child's talking.

### Learning to talk can be difficult and takes time.

#### Play together with your child:

- Get down to your child's level e.g. sit on the floor when playing
- Play with the things your child is interested in
- Reduce distractions when playing e.g. turn off the TV and put away your phone



#### Talk with your child:



- Try and keep your sentences short and simple
- Talk about things as they happen e.g.
  - ◆ while washing hands say "we're washing our hands",
  - ◆ while eating dinner say "mummy's eating"
- Avoid asking your child lots of questions e.g. "what's that", "what colour is that"?
- Avoid asking your child to copy or repeat words

#### Remember to:

- Praise your child's attempts at words
- Be patient
- Have fun!



## Useful Websites

[www.talkingpoint.org.uk](http://www.talkingpoint.org.uk)

[www.afasic.org.uk](http://www.afasic.org.uk)

[www.ican.org.uk](http://www.ican.org.uk)

[www.hanen.org/Helpful-Info/Parent-Tips](http://www.hanen.org/Helpful-Info/Parent-Tips)

We hope you find this leaflet useful. We welcome your views, comments and experiences about Speech and Language Therapy.



### For further information please contact:

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