

Information for Parents and Carers

Helping your Child Learn About Language Speech and Language Therapy

This leaflet gives some examples of how parents and carers can help develop their child's talking.

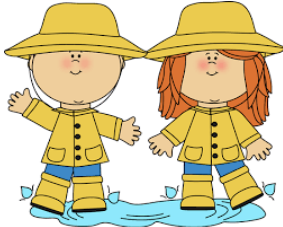
Learning to talk can be difficult and takes time.

Play together with your child:

- Get down to your child's level e.g., sit on the floor when playing
- Play with the things your child is interested in
- Reduce distractions when playing e.g., turn off the TV and put away your phone



Talk with your child:



- Try and keep your sentences short and simple
- Talk about things as they happen e.g.
 - ◆ while washing hands say "we're washing our hands",
 - ◆ while eating dinner say "mummy's eating"
- Avoid asking your child lots of questions e.g., "what's that", "what colour is that"?
- Avoid asking your child to copy or repeat words

Remember to:

- Praise your child's attempts at words
- Be patient
- Have fun!



Useful Websites

www.talkingpoint.org.uk

www.afasic.org.uk

<http://www.speechandlanguage.org.uk/>

www.hanen.org/Helpful-Info/Parent-Tips

We hope you find this leaflet useful. We welcome your views, comments and experiences about Speech and Language Therapy.



For further information please contact:

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