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Aneurin Bevan
University Health Board

**Information for Parents
"It Takes Two to Talk"
The Adapted Online Hanen
Program for Parents and Carers
Speech and Language Therapy**



"I really saw an improvement in my child... I found it very supportive ...I'd recommend it to anyone" A mother from Caerphilly.

What is the 'It Takes Two to Talk' Program?

The 'It Takes Two to Talk' Program helps you learn about your child's communication and how best to help develop their speech, language and communication.



Will my child come with me?

No. The 'It Takes Two to Talk' online sessions are for parents and carers only. We will see your child with you on your individual sessions.

How often will I need to attend the 'It Takes Two to Talk' online sessions?

You will need to attend five group sessions that last for two hours each. We will also arrange three individual sessions to video your child playing with you for five minutes and talk about strategies you are using.



What will be expected of me in the 'It Takes Two to Talk' online sessions?

You will attend five group sessions covering strategies to help your child's communication development. Following each session you will practice the strategies with your child. These will also be discussed in the individual sessions.

What will I learn from the 'It Takes Two to Talk' Program?

The 'It Takes Two to Talk' Program is proven to help parents support communication development. You will learn about the development of communication, how and why your child communicates and the stage they are at, as well as practical strategies and techniques.



This will help you tune in to your child's communication and to set realistic goals to support their development.

What will happen next?

After the 'It Takes Two to Talk' Program, we will discuss your child's progress and agree a plan according to their needs.

Sometimes it might not be the right time for you (or your child) to commit to speech and language therapy. Please let us know if you are not able to attend so we can offer your place to the next family on the waiting list. If you do not attend appointments without letting us know you will be discharged.

For further information please contact:

Speech and Language Therapy Service on:- 01633 - 431633

8.30am to 4.30pm Monday to Friday or visit our website –

<https://abuhb.nhs.wales/hospitals/a-z-of-services/speech-and-language-therapy/>



**"This document is available in Welsh /
Mae'r ddogfen hon ar gael yn Gymraeg".**