

# **Introducing the Chaplaincy Team**

## Chepstow Community Hospital

The Chaplaincy Team

We are here to help anyone who asks – patients, relatives or staff. We are part of the hospital team, here to help care for you during your time in hospital.

#### **Confidential Comfort and Support**

Spiritual does not always mean the same thing as religious. You do not have to feel you are a 'religious' person or be a regular Church worshipper to make use of our services.

Coming into hospital for any sort of investigation or treatment or visiting somebody who is in pain or distressed can raise all kinds of questions, anxieties and fears. You may find it would be helpful to share these feelings with someone who is not actively involved in the medical treatment and care, but has experience of hospitals and the effects they can have on people.

Chaplains are always ready and willing to listen in confidence and are trained to help you in your search to understand and make sense of all that is happening to you. Our main aim as chaplains is to help care for you and, as far as possible, to help you find that sense of inner peace which is such an important part of the healing process.



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#### How can you find us?

Members of the chaplaincy team visit around the wards and are happy to speak with anyone.

Equally, we can pass on a message to someone in your own particular faith or denomination requesting them to visit if that is your wish.

Chaplains also offer an emergency on call service. The nursing staff will know how to contact them. Please make it clear if you feel your request is urgent.

### The Chepstow Chaplaincy Team:

#### Rev'd Carol Taplin

Chaplaincy Manager (Free Church)

John Gale

Jan Pain

**Tony Utting** 

Other Health Board Chaplains:

Rev'd Alan Tyler Senior Chaplaincy Manager (Church of England/Wales)

Rev'd Michael Marsden

(Church of England/Wales)

Rev'd Steven Lee

(Baptist)

Imam Farid Khan – Muslim

A Roman Catholic Priest may be available via switchboard.

The RC emergency sick call number is: 07805 696474

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#### The Hospital Chapel

The chapel is on the ground floor in a shared user room, close to the cafeteria.

You are very welcome to use it regardless of your beliefs. It is there for you, and we welcome any suggestions you may have to help us provide what you most value. Bibles and religious literature are available in the Chapel for your use and there is a prayer board in for you to make a request for a prayer.

**Chapel Services** 

Wednesday: 11:00am Holy Communion

The Chaplains are always happy to bring Holy Communion to you at the bedside. Please inform the nursing staff or ask a relative to contact us or leave a message in the chapel.

#### Staff and patients of other faiths:-

Please contact a member of the chaplaincy team, who will endeavour to find the relevant spiritual care for you.

If we can be of any help or if you have any questions which you would like to ask, please contact any member of the team.

#### Contact details:

Main Chaplaincy Office (Royal Gwent): 01633 234263 (44263)

Or via switchboard: 01633 234234

In an emergency please contact switchboard who will page the duty Chaplain

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#### **Prayers**

Lord, I ask you to help me now,
May I know your presence with me and your love for me.
Thank you for this hospital and those who care for us here.
Give those who work here skill and strength.
Thank you for the love of my friends and family.
Keep me aware of the needs of others and show me how I can help.

God made me
God loves me
God keeps me
God says:
I will strengthen you
I will help you
I will uphold you.
God is our refuge and our strength,
Always ready to help
in times of trouble.



Christ be with me, Christ within me,
Christ behind me, Christ to win me,
Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in the hearts of all that love me
Christ in the mouth of friend and stranger

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#### Footprints in the Sand

One night I dreamed I was walking along the beach with the Lord. Many scenes from my life flashed across the sky. In each scene I noticed footprints in the sand. Sometimes there were two sets of footprints, other times there were one set of footprints.

This bothered me because I noticed that during the low periods of my life, when I was suffering from anguish, sorrow or defeat, I could see only one set of footprints.

So I said to the Lord, "You promised me Lord, that if I followed you, you would walk with me always. But I have noticed that during the most trying periods of my life there have only been one set of footprints in the sand. Why, when I needed you most, you have not been there for me?"

The Lord replied, "The times when you have seen only one set of footprints, is when I carried you."



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