

Bwrdd Iechyd Prifysgol Aneurin Bevan University Health Board

## **Royal Gwent Hospital**

## What the Chaplaincy offers

The chaplaincy service is for everyone whether you attend the mosque or not. We offer people the opportunity to speak confidentially about anything that is causing distress or worry.

Coming into hospital can be both frightening and worrying. If you would like the opportunity to talk or you feel you need some help or support, please do contact the chaplains or ask a nurse to contact them for you. The Muslim chaplain visits every Tuesday and is available at other times of the week. A limited on-call service is also provided when the Imam is available.

The chaplain also provides spiritual support, help and counsel. The chaplain will share in prayer and be available to administer the Holy Qur'an recitation at your bedside. The chaplain (Imam) is also available for Towbah (repentance) services which are very important as a Muslim. The chaplain is also available to patient's families.

#### How can you find us?

Members of the chaplaincy team visit around the wards but you can call the office on 44263.



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### The Muslim Chaplain is: Imam Farid Khan.

# How to contact the Muslim Chaplain

The Muslim chaplain visits the wards each week. If you wish to for a visit ask the nurse on your ward to contact the chaplain's office on ext. 44263. (234263 from a mobile phone) You can leave a messages in the office and other chaplain colleagues will contact Imam Farid for you or leave a messages for him.

# Communication

Imam Farid is able to speak several languages including, Bangali, Urdu, Arabic, Hindi, Sylhety and English.

There is no reason for you to feel lonely or segregated from your community, Imam Farid works in this hospital to support people spiritually and religiously and will do all he can to help you.

## **Prayers and Services**

The chaplain leads a special prayer and Du'e services for all patients who want to attend every Monday morning in the hospital prayer room, level 5, behind the lift at (11.30am)

You can offer five times salah (prayer) at the prayer room if you are able. Copies of the Qur'an and prayer beads are also available. Ablution facilities (WAZU) are next to the prayer room.

For Ruquya services and bedside supplication speak to the Muslim chaplain.

Friday prayer and sermon service is at 1.15pm in the hospital chapel, level 3, D-Block.

# Women & Maternity

The chaplain (Imam) will offer Ruquya (tabiz) prayer and blesses sugar or sweets which according to our faith can help with pain relief and ease delivery for the new born child.

You can also read Surah Fathiha (Alhamdu Lillah) seven times.

The chaplain (Imam) can offer your new born baby to provide AZAN on the right ear and Iqamah on the left ear, soon after the birth (Sunnah).

There are female chaplains in the hospital who visit the maternity wards regularly, they will be happy to visit and talk with you and offer support to you if you would like them.

#### Your Prayer

Please read 'ya salamu' (Oh lord you are peace) and 'Ll ilaha illa antha Subhanaka inne kunthu minaz zuyalimeen. (There is no God but thou: glory to Thee: I was indeed wrong!)

#### Prayer before an Operation

For your comfort and peace you can read Surah Falaq (qul ayujube rabbil falaq) three times and Surah Nas (Qul ayujube Rabbin nas) three times. Then blow in your hand and massage your whole body. Afterward read Fajr and Magrib prayer, three times and Durud Sharif (Allahumma Salli ala) and 100 times 'Ya Rahmanu Agisne' and again three times Durud Sharif.