

Patient Information Who are the Multiple Sclerosis Team?

Neurology Department

If you have Multiple Sclerosis (MS) it will be useful for you to have an understanding of the service our team offers for all patients with MS.

What services do the team offer?

We strive to provide you and your family with the support, education, advice and information that you may need. We offer specialist consultant clinics in Royal Gwent, a relapse clinic in Ysbyty Ystrad Fawr and nurse led clinics in Royal Gwent, Nevill Hall, County and Ysbyty Ystrad Fawr Hospitals. If preferred the nurses also perform telephone clinics.

The service operates Monday to Friday during office hours. Due to our service commitments, it may be difficult for you to contact us directly. However, there is a 24 hour answer phone provided should you wish to leave a message. We also have a team email which is regularly monitored. We aim to return your call/email as soon as possible.

All members of the team work very closely together but each discipline has a specialist role within that team.

What services do the team members offer?

Consultant Neurologists

- Make initial diagnosis
- Provide ongoing medical management of symptoms
- Make decisions with the patient regarding treatment options

Nurse Specialists

- Provide support and general information on MS
- Give advice on medication and symptom management
- Administer and provide training for specialist treatments
- Teaching and advice to other professionals

Physiotherapists

- Assess physical function/advise on exercise
- Advise on aids and orthotics
- Give moving and handling advice
- Offer specific advice regarding symptoms
- Advise on treatment and discuss suitable setting for it

Occupational Therapists

- Assess activities of daily living and give advice and equipment to help you to remain independent
- Specialist seating assessments and basic wheelchair assessments
- Provide advice regarding minor adaptations to maintain independence at home
- Fatigue and condition management

Continence Nurse

- Provide a specialist continence assessment
- Offer advice and training regarding specific continence issues

When should I contact the MS Team?

- If you have a question about your MS or treatment options
- If you are concerned by any symptoms you are experiencing
- If you think you may be having a relapse
- If you are finding it difficult to cope with any aspect of your MS
- If you need advice about medication
- If you want any information about MS

For further advice and information, please contact:-

MS Specialist Consultants;
Dr. Fady Joseph, Dr. Katharine Harding

MS Specialist Nurses;
Sarah Palmer, Samantha Jones, Georgina Radford
Tel No: 01633 656142

MS Infusion Nurse
Kerise Brain

MS Team Secretaries;
Tracey Taylor, Shannon Lord
Tel No: 01633 234441 / 01633 656128

Email address – multiplesclerosisteam.abb@wales.nhs.uk

For more MS support and information;

MS Society 0808 800 8000

www.mssociety.org.uk

MS Trust 0800 032 3839

www.mstrust.org.uk

**“This document is available in Welsh /
Mae’r ddogfen hon ar gael yn Gymraeg**