

## Patient Information Cold Coagulation Treatment

### Colposcopy Unit

The treatment you have received today is Cold Coagulation. This treatment is in fact warm and not cold as the name implies. The cervix has been treated by applying an electrically heated probe onto the cervix for 20-30 seconds. The heat destroys any abnormal cells. It is a method used for the following reasons: -

- Abnormal cervical smears
- Post coital bleeding
- Infection of the cervix with a virus (Human papillomavirus)
- Genital warts

Following treatment, you may have a heavy watery discharge for 2-4 weeks which is normal. The discharge may be blood stained for the first few days. This procedure is usually uneventful, very rarely there may be: -

- Infection
- Heavy bleeding secondary to infection

If you develop a fever or if the discharge is green in colour and/or offensive please contact your GP for antibiotics. You may experience some period pains for the first 24 hours the pain relief you take for period pain should help, if you need stronger pain relief please contact your GP.

**Post Treatment Advice** – In order to prevent infection developing you must refrain from the following for 4 weeks: -

- No swimming
- Do not use tampons
- No sexual intercourse
- No bathing

We do not advise you leave the country without contacting your holiday insurance within 4 weeks of receiving this treatment as may not be covered if you require any medical assistance while you are away. We advise that initially you should refrain from vigorous exercise but can return when you feel able to do so.

When Cold coagulation has been used to treat abnormal cells on a cervical smear, you will require a smear in 6 months.

Please contact Colposcopy if you have queries or concern: -

Royal Gwent: - 01633 - 234743 out of hours 01633 - 234052.

Nevill Hall: - 01873 - 732394 out of hours 01873 - 732410.

Ystrad Mynach: - 01443 - 802371 out of hours 01633 - 234052.

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