

Patient Information

What is see on Symptom or SOS?

Obstetrics & Gynaecology

What is see on symptom or SOS?

See on symptom or SOS is a way of putting you in control. It provides you with direct access to guidance when you need it most.

Research has shown that many patients do not require regular follow-up after a plan of care has been put in place. However, some people may experience anxiety if regular contact has been withdrawn.

The SOS for the Gynaecology service offers a six-month period of open access to the service based on your original presenting complaint. After your six-month SOS you will be discharged from the service. This leaflet will help you decide when you should get in touch with us.

The six-month access expires six months from today's appointment.

After six months you will need to contact your GP to be referred back to the Gynaecology service should you experience any problems or symptoms relating to another condition.

How do I book a 'See on Symptom' appointment?

The service is quick and easy to use, just email:-

ABB.GynaeSOS@wales.nhs.uk and we will arrange a time for a nurse practitioner to telephone you. Please note the secretaries cannot give any clinical advice.

Your SOS plan:

Patient identification label

Name/destination:

.....

SOS valid until:

After this date you will be discharged from the Gynaecology service.

Aim of your treatment
Contact us if you experience any of the following symptoms
1.
2.
3.

**“This document is available in Welsh /
Mae’r ddogfen hon ar gael yn Gymraeg”.**