Department of Respiratory Medicine Nevill Hall Hospital Brecon Road Abergavenny NP7 7EG



HS Bwrdd Iechyd Prifysgol Aneurin Bevan University Health Board

Bronchoscopy information leaflet

A bronchoscopy has been arranged for you. Please read the information leaflets provided and follow the instructions below.

Please attend Llanwenarth Suite (Day Surgical Unit), Nevill Hall Hospital, NP7 7EG

On:

At:

Preparation for the procedure

- Please ensure that you have informed the doctor arranging the test of all medication you take. Of particular relevance are any medications that thin your blood, such as Clopidogrel and Warfarin.
- Please do not wear any jewellery, make up or nail varnish as this may affect the monitoring equipment that we use.
- Please do not eat anything from 4 hours before your appointment time above. You may have clear fluids (e.g. water) up until 2 hours before your appointment time but nothing to eat or drink after this.
- Following your arrival in the Llanwenarth Suite you will be seen by a nurse who will run through pre-procedure checks.

The procedure itself

- Your bronchoscopy will be performed about an hour after your appointment time. Please be aware that there can be some delays, and expect to be in the department a few hours.
- The test itself takes 20 30 minutes to perform.
- Please read the attached information patient information leaflet for details of the test.

After the procedure

- You will be kept in the recovery area for about an hour after the procedure.
- Once your throat is no longer numb you will be given something to drink and then allowed home. You can then eat and drink normally.
- Because the sedative can affect your judgement and behaviour slightly, even if you are feeling fine in yourself you should not drive, operate any dangerous machinery or enter into any legally binding agreements for 24 hours after your bronchoscopy. Travelling by public transport or attempting to return to work is also not advised. You will require a responsible adult to accompany you home and remain with you for the night.

Results

• The doctor who arranged your test will make/have made arrangements to inform you of results of the bronchoscopy. You are unlikely to receive results on the day of the test.

Contact details

• If you are unable to attend the bronchoscopy, or would like to contact the department regarding the procedure, please contact us on 01873 732096.

Directions:

By car: Address for Sat Nav – Brecon Road, Abergavenny, NP7 7EG

Nevill Hall is situated on the western outskirts of Abergavenny on Brecon Road on the A40 and is clearly signposted on all incoming road links.

From the South / M4

From the M4 travelling east

- 1. Take junction 26, the A4051, to Cwmbran.
- 2. Continue North up Malpas Road, and take the right turn at the roundabout on the end onto the A4042 to Abergavenny. Follow the signs to Abergavenny.
- 3. Just South of Abergavenny (after about 18 miles) is a large roundabout (the Hardwick roundabout) take the first left off this, the A465, the Heads of the Valleys road.
- 4. Take the first left again and turn right at the "T" junction into Abergavenny.
- 5. Continue straight through the next roundabout by Waitrose and then straight-ahead at the next, ignoring the right exit into the town centre.
- 6. Continue straight on turning left at the next small roundabout. The hospital is on the left a few hundred yards along this road.

From the M4 travelling west

• Take junction 25A the A4042 to Abergavenny, then continue as from No 3 above.

From the North

- The main road into Abergavenny from the north is the A4042 from Hereford.
- Follow this road to its junction with the A465 (The Hardwick Roundabout) and then continue as from **No 4** above, taking the fourth exit of the extended roundabout onto the A465.

From the East

- The main road east into Abergavenny is the A40/A449 linking with the M50 from the Midlands, and Chepstow.
- Follow this road until its' junction with the A4042 and A645 at the Hardwick Roundabout and then continue as from **No 4** above, taking the second exit onto the A465.

From the West

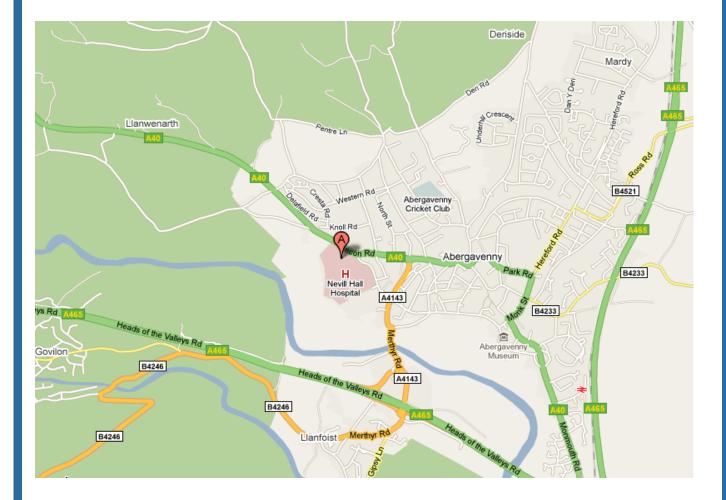
• The hospital is situated on the A40 the main Brecon / Abergavenny road on the right as you enter the town.

• By public transport.

Abergavenny is on the main west coast train line from Swansea and Cardiff to Hereford and beyond. The train station is about a mile from the hospital, on the other side of the town, and a taxi will be needed.

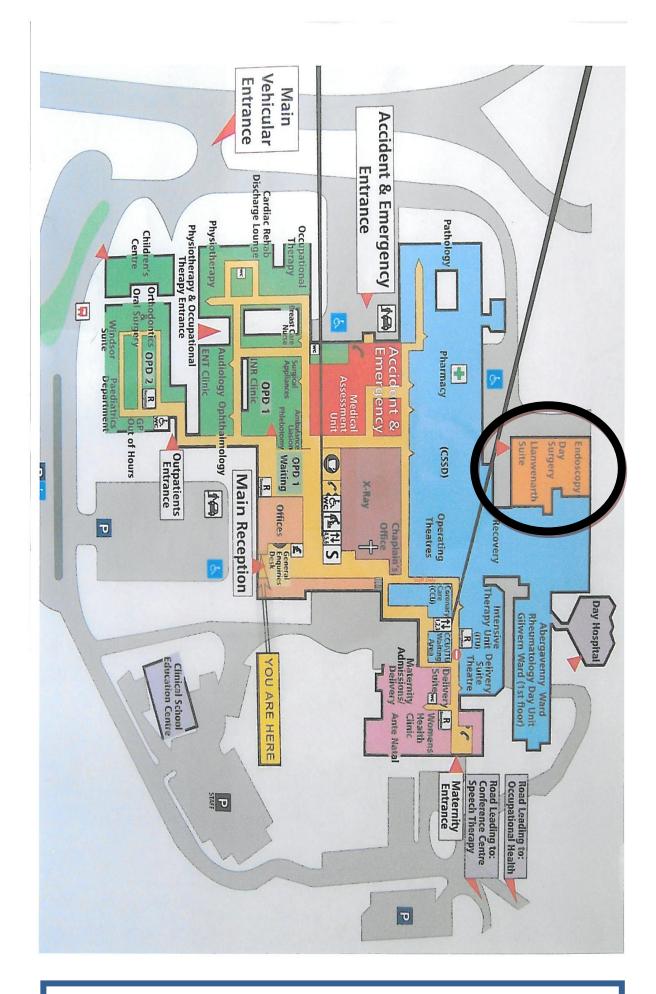
The number 40 bus runs from the bus station in the town centre to the hospital starting at 7:30am, and then hourly from 8:00am until 6:00pm.

The bus from Abergavenny to Cardiff via Merthyr, also runs hourly from 07:35am to 20:35pm, through the hospital grounds. (*Please note, the bus timetable is subject to change*).



Parking

Parking is free on the hospital site, However, parking spaces are often limited due to the number of patients and visitors attending the hopsital. We suggest that you arrive early in order to secure a parking space well in time for the procedure.



Llanwenarth Suite [Venue for bronchoscopy] Circled in black