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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

ENDOSCOPY DEPARTMENT

Patient Information following Bronchoscopy/EBUS

Please follow the advice given by staff and this information leaflet.

1. **DIET:** You may be given a drink of water after 45 minutes, to check the anaesthetic which was given to numb the throat has worn off. Once tolerated, you can eat and drink after the first hour at _____.
2. **MEDICATION:** Unless advised, you may take your regular medication. If you usually take diabetic, blood thinning or antiplatelet medication, and stopped them prior to procedure, you may restart them on _____.
3. **RESULTS and FOLLOW UP:** If samples are taken during the procedure the results will be reviewed by your consultant and if necessary, a follow-up appointment will be arranged for discussion in clinic. Any questions or queries please contact the chest clinic team.
4. **PROCEDURE MEDICATION:** You have received medication to help reduce coughing and numb your throat during the procedure. In addition, you may have had a mild sedative along with a painkiller. If you have received sedation, your concentration and coordination could be impaired.
5. **SAFETY ADVICE:** You may have a sore or hoarse throat which can last up to 48 hours from the insertion of the scope. You may cough up small amounts of blood which may appear in your sputum. This can be caused from the insertion of the scope or from taking specimens during the procedure, this can last up to 48 hours. Serious side effects are rare however if any of the following occur after your procedure, seek medical advice immediately:
 - **Fevers lasting 48 hours**
 - **Coughing up a large amount of blood (more than an egg-cup full at once)**
 - **Develop sudden breathlessness or Increased Shortness of breath**
 - **Generally feeling unwell**

Due to receiving sedation YOU MUST follow the instructions below for 24-hours after your procedure:

- **DO NOT go home unaccompanied and ensure that a responsible adult is able to stay with you overnight for a 24-hour period and rest.**
- **YOU MUST NOT drive or ride any form of transport or operate machinery**
- **DO NOT operate a cooker or any electrical appliances.**
- **DO NOT drink alcohol or smoke**
- **DO NOT sign any legal binding documents.**
- **DO NOT take any drugs other than those prescribed and DO NOT take sleeping tablets.**
- **Avoid all occupations that may be dangerous to yourself or others.**

If you experience any problems following your discharge from the department, or if you have any questions. Please see contact details below.

Endoscopy Departments: Royal Gwent: 01633 234225 or 01633 234229, Nevill Hall 01873 732002 or 01873 732224 (Monday-Friday 8am-530pm) or Chest Clinic: 01633 656227.

Telephone your own GP, contact 111 for health advice or for an Out of Hours GP appointment. If you think you have a serious and life-threatening condition that needs immediate medical attention attend the nearest EMERGENCY DEPARTMENT or call 999.

See overleaf for feedback QR code



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Endoscopy Department: Please tell
us how we did! Scan QR or ask
staff for paper copy

