

Substance abuse support



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

[AA](#)

0800 917 7650

Alcoholics anonymous, free call 24/7.

[Gwent N-Gage](#)

0333 320 2751

Free, safe and confidential drug and alcohol services for under 18s in Gwent.

[GDAS](#)

0333 999 35 77

Free, safe and confidential drug and alcohol services in Gwent.

[Dan 24/7](#)

0808 808 2234

Free and confidential drug and alcohol helpline running 24/7.