



School Nursing
Service
Gwasanaeth
Nyrsio Ysgol



Looked After
Children
Plant Sy'n
Derbyn Gofal



SCHOOL NURSING ABUHB

01633 431685

@SCHOOLNURSINGAB

School Entry Health Review

The information in this letter may be helpful now that your child is in full time school.

The School Nurse may contact you to discuss your child's health as part of the health review.

Please contact your School Nurse if you wish to discuss your child's health now or at any time in the future. 01633 431685

Web Links

All of the websites listed in this letter, as well as details of local services and organisations can be accessed by scanning the below QR code with your mobile device.



linktr.ee/SchoolNursingSEHR



Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Does your child have a medical condition e.g. Asthma, Diabetes, Eczema, Epilepsy, or a severe allergy - that may require emergency treatment?

Please ensure that your child's school is informed about your child's medical condition and of any medication or treatment your child requires during the school day. The school may suggest that an individual health care plan is in place in order to support your child. More information available for schools and parents at: <https://abbhealthiertogether.cymru.nhs.uk/>

Are you concerned about your child's vision, hearing, or speech?

A distance vision screen will be undertaken in school by the School Nursing Service. This is the only routine vision screen in school. It is recommended that all children should have free regular eye checks with their local optometrist (optician).

A hearing screen will be undertaken in school by the School Nursing Service or the Audiologist. Referrals for speech therapy are made by your child's school. Please discuss with your child's teacher.

Concerned about your child's growth e.g. short or tall, under or overweight?

Your child's growth will be measured by the School Nursing Service. For information on helping children to stay healthy: www.everychildwales.co.uk

Are you concerned about your child's emotional wellbeing or behaviour?

For helpful hints and tips for parents on promoting positive behaviour visit: <https://gov.wales/parenting-give-it-time>

Are you concerned about your child's learning?

Please discuss with your child's teacher. An individual development plan may be required.

Are you concerned about your child's day/night time wetting or constipation? For helpful information visit www.eric.org.uk

Is your child up to date with their immunisations?

Your personal child health record (red book) should include details and your School Nurse will also check your child's health record. For more information visit: nhs.uk/doiyouyourself/vaccinations/
If your child needs any immunisations please contact your GP.

Is your child registered with a dentist?

It is recommended that children should see a dentist at least annually. For dental health advice visit <http://www.designedtosmile.org/>

Does anyone in your child's home smoke?

Free friendly support to quit smoking is available from www.helpmequit.wales Tel: 0800 085 2219

For details of local services and organisations that can help visit: <https://www.dewis.wales/home>



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Adolygiad Iechyd ar Ddechrau'r Ysgol

Mae'n bosibl y bydd y wybodaeth hon yn ddefnyddiol gan fod eich plentyn yn awr yn yr ysgol llawn amser.

Efallai y bydd Nyrs yr Ysgol yn cysylltu â chi i drafod iechyd eich plentyn fel rhan o'r adolygiad iechyd.

Cysylltwch â'ch Nyrs Ysgol os ydych am drafod iechyd eich plentyn nawr neu ar unrhyw adeg yn y dyfodol. 01633 431685

Dolenni Gwefan

Gellir cyrchu'r holl wefannau a restrir yn y llythyr hwn, ynghyd â manylion gwasanaethau a sefydliadau lleol trwy sganio'r cod QR isod gyda'ch dyfais symudol.



linktr.ee/SchoolNursingSEHR



Bwrdd Iechyd Prifysgol
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A oes gan eich plentyn gyflwr meddygol e.e. Asthma, Diabetes, Ecsema, Epilepsi neu alergedd difrifol – a all fod angen pigiad brys?

Cofiwch sicrhau bod ysgol eich plentyn yn gwybod am gyflwr meddygol eich plentyn ac os ydy eich plentyn angen meddyginiaeth neu driniaeth yn ystod y diwrnod ysgol. Mae'n bosibl y bydd yr ysgol yn awgrymu cynllun gofal iechyd personol er mwyn cefnogi eich plentyn.

Ydych chi'n pryderu am olwg, clyw neu leferydd eich plentyn?

Bydd sgrinio golwg pell yn cael ei gynnal yn yr ysgol gan y Gwasanaeth Nyrsio mewn Ysgolion. Dyma'r unig sgrinio golwg arferol yn yr ysgol. Argymhellir y dylai'r holl blant gael archwiliadau llygaid rheolaidd gyda'u optometrydd (optegydd) lleol.

Cynhelir sgrinio clyw yn yr ysgol gan y Gwasanaeth Nyrsio Ysgolion neu'r Awdiolegydd. Bydd ysgol eich plentyn yn atgyfeirio eich plentyn ar gyfer therapi lleferydd. Cofiwch drafod hyn gydag athro/ athrawes eich plentyn.

Yn poeni am dwf eich plentyn e.e. byr neu dal, o dan neu dros bwysau?

Bydd y Gwasanaeth Nyrsio Ysgolion yn mesur twf eich plentyn. I gael gwybodaeth am helpu plant i dyfu'n ffit a iach ewch i www.everychildwales.co.uk

Ydych chi'n pryderu am lesiant emosiynol neu ymddygiad eich plentyn?

I gael awgrymiadau defnyddiol i rieni am hyrwyddo ymddygiad positif, ewch i: <https://gov.wales/parenting-give-it-time>

Ydych chi'n pryderu am addysg eich plentyn? Cofiwch drafod hyn gydag athro/ athrawes eich plentyn. Mae'n bosibl y bydd angen cynllun datblygu personol.

Ydych chi'n pryderu bod eich plentyn yn gwlychu/ neu'n rhwym yn ystod y dydd neu'r nos? I gael gwybodaeth ddefnyddiol, ewch i www.eric.org.uk

Ydy eich plentyn wedi cael eu holl imiwneiddiadau?

Dylai eich cofnod iechyd plant personol (llyfr coch) gynnwys manylion a bydd eich Nyrs Ysgol hefyd yn gwirio cofnod iechyd eich plentyn. Am fwy o wybodaeth, ewch i: nhs.uk/doityourself/vaccinations. Os oes angen unrhyw imiwneiddiadau ar eich plentyn, cysylltwch â'ch meddyg teulu.

Ydy eich plentyn wedi cofrestru gyda deintydd?

Argymhellir y dylai plant weld deintydd o leiaf unwaith y flwyddyn. I gael cyngor iechyd deintyddol, ewch i <http://www.designedtosmile.org/>

A oes unrhyw un yn ysmegu yng nghartref eich plentyn?

Mae cymorth cyfeillgar rhad i roi'r gorau i ysmegu ar gael ar: www.helpmequit.wales Ffôn: 0800 085 2219

I gael manylion gwasanaethau a sefydliadau lleol a all eich helpu, ewch i: <https://www.dewis.wales/home>