

Monkeypox:

What you need to know

What is Monkeypox?

Monkeypox is a rare viral infection.
Recently, we have seen a number of cases in the UK.

The infection can spread through close physical contact, like kissing, skin-to-skin, sex or sharing things like bedding and towels.

The signs and symptoms are:

- Recent unexpected/unusual spots, ulcers, or blisters anywhere on your body
 - Fever
 - Chills and exhaustion
 - Headaches
 - Swollen glands
 - Muscle aches

You can help stop the spread of Monkeypox:

If you or any recent partners have developed unexpected or unusual spots, ulcers or blisters on any part of your body, including your face or genitals call your local sexual health service, or NHS 111, as soon as possible. You will be treated sensitively and confidentially

Avoid physical contact with others until you have had medical advice. This will minimise the chance of passing it on