

Post Graduate Training in Sexual Health in ABUHB

For all training enquiries please contact: ABB.SRHTraining@Wales.NHS.uk

The SRH directorate, under the auspices of the Faculty of Sexual and Reproductive Healthcare (FSRH), currently offers a range of training programmes, including:

- Diploma in Sexual Health DFSRH [Education & Training - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](#)
- Letters of competence in Intrauterine Devices LoC IUT [Education & Training - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](#)
- Letter of competence in Subdermal implants LoC SDI- IR [Education & Training - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](#)
- Letter of Competence in Sub Dermal Implant insertion only (LoC SDI-IO) [Education & Training - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](#)
- SRH Essentials course for Primary Care
- Becoming a Faculty Registered Trainer (FRT)

- We also offer the opportunity to sit in on Sexual health clinics to gain experience to post graduate GP and Obs and Gynae trainees in Aneurin Bevan Health Board

- We also offer a **one off, free, Taster session** available for those interested in sexual health and considering gaining one of the above competencies. It is an **observation session only** and allows the individual to get an understanding of what services are provided. Interested parties should contact Tracy Davies to book in. Following the session and after a discussion with the General Training Programme Director, the right training for the identified educational goal of that individual is offered or signposted to the appropriate provider.

Who can apply?

The above courses are open to all nurses and doctors who fulfil the entry criteria: please visit the FSRH websites given for details.

Training is open to all practitioners (nurses, doctors and Physician Associates) who provide sexual health and contraceptive advice/services in their everyday work. Some allied health professionals can access specific courses as above

Practitioners employed outside of ABUHB must provide evidence of a DBS check within the last 3 years or of continuous employment since their last DBS check. (A confirmatory letter from their HR department is acceptable) as well as an occupational health risk assessment

General pre-training requirements:

All practitioners must:

- Have a License to practise (GMC) or current NMC registration or equivalent from their professional body
- Be competent in consultation skills (self-certify or trainees signed off by Educational Supervisor)
- Be up to date with Resuscitation and Anaphylaxis (within 18 months of start date of training)
- DFSRH only: be competent to give intramuscular injections (self-certify or trainees signed off by Educational Supervisor)

Training Course Fees	
DFSRH Practical Family Planning	£400: and assessment half day is extra
Half day assessment	Yet to be decided, will depend on venue costs Likely to be £150-£200
Coil Training (LoC IUT)	£350
Implant Training (LoC SDI)	£250
Coil & Implant Combined	£450
Extra assessment sessions if the trainee fails to attend on the day without notice or more than 4 half days are required to complete assessments	£160

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Dr Charlotte Cogswell: General Training Programme Director

Ms Louise Evans: training programme coordinator