

Webinar: Understanding Persistent Pain

The Understanding Persistent Pain webinar is open to parents of children and young people who experience persistent pain.

The webinar aims to help attendees to:

- Understand different experiences of pain
- Explore pain that interferes with everyday life
- Think about managing the impact of pain
- Learn some practical tips and tools to try at home

More details:

- Presented live by members of the Recovering from Illness Paediatric Service
- Online, via Microsoft Teams
- Duration 1 hour
- Pre-submit questions for the facilitators to answer on the day

Can I attend?

You can attend the webinar if:

- You are a parent/carer/trusted adult of a child or young person living with persistent pain
- You live in the area of Aneurin Bevan University Health Board

For more details, and to sign up, please scan the QR code or visit the link below:

<https://forms.office.com/e/4MG6BJhUwP>

