SPACE-Wellbeing

Single point of access for children's emotional wellbeing



TORFAEN COUNTY BOROUGH
BWRDEISTREF SIROL TORFAEN

Bwrdd Partneriaeth Rhanbarthol Gwent
Gwent Regional Partnership Board

GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol Aneurin Bevan University Health Board



HOW WE CAN SUPPORT CHILDREN'S EMOTIONAL WELLBEING

SPACE-Wellbeing (single point of access for children's emotional wellbeing) is a process through which professionals and families can seek early help and support with issues that affect families including housing, finance, parenting, children's mental health, and behavioural difficulties.

Torfaen's SPACE-Wellbeing panel meets every week. It aims to make sure that services work together to ensure that children and their families get **the right help, first time, at the right time.**

Requests for support may be allocated to a service who will provide help to children and their families. Sometimes, specialist staff will talk to childcare professionals who are already working with the family to offer them support and guidance.

WHO IS PART OF TORFAEN SPACE-WELLBEING PANEL?

The panel brings together a wide range of services provided by Torfaen Council, Aneurin Bevan University Health Board and the third sector.

More information about these services is provided overleaf.

HOW DO I REQUEST SUPPORT AND WHAT HAPPENS TO MY INFORMATION?



Families, young people and professionals can request support through SPACE-Wellbeing. The person with parental responsibility and/or the young person (as appropriate) must be provided with information about SPACE when support is requested and must agree with the request for support being made.

To get help, the **Request for Support Form** should be completed. The form can be accessed by via the weblink or QR code at the end of this leaflet, or alternatively by contacting the SPACE-Wellbeing Coordinator, on 01495 766799 or **Spacewellbeing@torfaen.gov.uk**. If your GP is making the referral, they may ask you to complete a questionnaire so that the panel know what you think and what you're hoping for.

Information that we receive will be stored on the Torfaen Council database and used for the purpose of providing services to children, young people and their families. Before the SPACE-Wellbeing meeting, the services who make up the panel and the child's school and/or local authority education services may share information with each other about the child for whom support has been requested. Discussions are held in the strictest confidence. This sharing of information is to help panel make good decisions: so that children and their families get the right help, first time.

For more information about what happens with your data visit www.torfaen.gov.uk/privacynotice
If you have any queries please contact the Torfaen SPACE-Wellbeing Coordinator on **01495 766799** or **Spacewellbeing@torfaen.gov.uk**

SERVICES THAT ARE PART OF THE TORFAEN SPACE-WELLBEING PANEL

TORFAEN CITY COUNCIL



Early Intervention and Prevention Hub

Early Intervention and Prevention Hub complete a 'What Matters Most' conversation with individuals and families to help identify any appropriate support and connections in their community. Where this is not possible, the EIP Hub allocate to an EIP Service, which includes:

• Complex Families and Homestart: both teams offer support including help and advice on parenting, home management, challenging behaviour, wishes, feelings and self-esteem, school attendance, healthy relationships, anti-social behaviour and low-level crime. The team works flexibly to provide a service that fits with a family's needs and commitments in a strengths-based approach. The team have access to the Community Psychology Team and Educational Psychologists for consultation.
• Complex NEETS (Not in Education, Employment or Training): Supports young people primarily aged 11-16 within Secondary Schools across Torfaen, who are at risk of disengagement and/or becoming NEET on leaving school.
• Youth Engagement and Progression: Provide and facilitate a range of creative and innovative activities, and programmes for targeted young people across Torfaen, providing direct project intervention to reduce the number of NEET young people
• Parenting Coordinator: Delivery of parenting interventions that meet the needs of Torfaen's families. These include Talking Teens, Family Links and Circle of Security.
• Other prevention services not aimed for children and young people but may be advised for parents/guardians include: Housing and homelessness intervention, Financial Inclusion, Employment Support, Community Connectors, Complex Health and Wellbeing.

Early Years and FLyign Start

Early Years and Flying Start is a targeted early years programme aimed at supporting families from early pregnancy to those with children aged 0-3. The team provides intensive health visiting, childcare for 2-3 year olds and support covering all aspects of family life. They assist parents at every stage of their child's development, offering help with speech, language, communication, and parenting through a range of bespoke information and advice tailored to each family's unique needs. Recognising that one size does not fit all, they address various concerns such as children's sleep, behaviour, feeding, toileting, play, routines, boundaries, managing change or stress, and even understanding your own parenting style. Additionally, there are free engagement opportunities including parent and toddler groups and various activities aimed at giving children the best start in life. Outreach referrals can be submitted by professionals for families who live outside Flying Start postcodes where need is identified which means the criteria.

Youth Offending Service

The Torfaen and Monmouthshire Youth Offending Service (YOS)works with 8–17 year olds at risk of, or involved in, offending behaviour. Locally, the service brings together staff from a wide range of organisations including the local authority, police, probation, health, and education. By working together, sharing knowledge, skills and experience, the YOS aims to help children make the right life choices and reduce offending by children. The YOS also works in partnership to address anti-social behaviour. It recognises the adverse impact anti-social behaviour can have on everyone in a community – both adults and children – and the importance of addressing such behaviour. Children can be supported via a number of different interventions such as REACH (Prevention and Early Intervention), Together Project, Restorative Approaches for Children Looked After, Out of court Disposals, Court Orders and Custody.

ANEURIN BEVAN UNIVERSITY HEALTH BOARD

Primary Child & Adolescent Mental Health Service (PCAMHS) provides assessment and brief intervention to children and young people where there are mild to moderate mental health needs or concerns about their behaviour.

Specialist Child & Adolescent Mental Health service (S-CAMHS) supports children and young people with moderate to severe mental health needs.

Child and Family Community Psychology works with professionals from a range of services and with Communities, helping them to support children's mental health and emotional wellbeing.

School Nursing Service offers school 'drop-in' clinics to support children and young people with their emotional wellbeing as well as a confidential text service for young people aged 11-19. Young people living in Gwent can anonymously text Chat Health on 07312 263 262 for confidential advice and support.

ISCAN (Integrated Support for Children with Additional Needs) is a referral pathway for children with additional and complex needs and children where there are neurodevelopmental concerns.

OTHER SERVICES

Family Intervention Team (FIT) is delivered by Action for children and ABUHB and provides brief psychologically informed family interventions, working with families in their communities for up to 12 weeks. We work with age range between 3-16yrs and works around supporting children, young people and their families where there are emotional and behavioural difficulties and difficulties within the family relationships and also where there are early emerging self-harm.

Sprakle Family Liasion. Our Family Liaison Officers are extremely passionate about promoting appropriate services and support that is available. We act as a first point of contact for all families, to help with enquiries about services and leisure activities that children and young people can access. We offer guidance and support to help families navigate the 'system', signpost to the correct professionals and provide support and resources. We ensure that families are provided with access to appropriate services and to obtain feedback to inform service development.

Platform 4YP brings young people, aged 14 – 18, together to empower each other through the discovery of shared experiences and connection. We work with young people in one to one sessions, groups, and workshops to develop skills and find ways that work for them to manage their wellbeing so that they can live healthier, happier, and more fulfilled lives. Our support gives young people a chance to share their experiences with others who may be facing similar challenges, and to learn new strategies to promote their wellbeing. They decide what areas of wellbeing they want to discuss and how much they want to share. It's important for young people to know that whatever they're facing, they're not alone or isolated. peer support, self-management training and individual support as required to young people aged 14-18.

Gwent NGAGE (delivered by Barod) provides drug and/or alcohol-related support, information and advice to young people, their families and professionals.



HOW TO MAKE A REQUEST FOR SUPPORT IN NEWPORT

PLEASE NOTE THAT THESE REQUESTS ARE FOR ROUTINE REFERRALS ONLY

Families are now able to submit a request for support and/or provide additional supporting information alongside the GP referral electronically. Our form can be accessed by following the weblink below, or by scanning the QR code.

* Please note that we are unable to accept requests for a Neurodevelopmental assessment (i.e. to assess for a diagnosis of ASD/ADHD). These requests are dealt with via the Neurodevelopmental Team and self-referrals are not accepted. The preferred process for submitting a Neurodevelopmental referral is for parents to liaise with their child's school to provide a full referral with school and parent information so it can be progressed to the ND screening assessment stage. Referrals from the GP are accepted but must be accompanied by supporting parent and school information (unless the child is home-schooled).

https://forms.office.com/e/NiGAP7HSyP



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