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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Dyfodol Clinigol
Clinical Futures

Cylchlythyr Staff

Staff Newsletter



ISSUE 4 26th May 2021



Message from Judith Paget, Chief Executive

Helo pawb/ hello all, welcome to this week's newsletter.

I am really pleased that over the last week, we have started to introduce visiting back onto our hospital wards. We have carefully considered our approach and have been testing the process in Nevill Hall Hospital. We know how important visiting is for the well-being of our patients and their families and I would like to thank staff for all their support in helping us make this happen in a safe and managed way.

It is also great to see an update on our Digital Strategy. As a Health Board, we have made great progress over the last few years, particularly in our work to support the early opening of The Grange University Hospital and to deliver our Mass Vaccination Programme. I am excited to see the actions from the Strategy become a reality over the next few years.

Thank you to everyone who supported Dementia week- there were some fantastic activities across the Health Board for our patients and had great pledges from our staff.

Thank you once again for all your hard work, have a great bank holiday weekend, whatever you are doing.

Cymerwch ofal a chadwch yn ddiogel/ Please take care and stay safe.

Judith

Hospital Visiting Begins To Ease

As the level of COVID-19 infections continues to reduce, the Health Board has begun to ease hospital visiting restrictions.

We know how important visiting is for the well-being of patients and families, but our primary focus is to maintain patient, staff and public safety. This means that visiting arrangements need to be managed very carefully. We are mindful that the Welsh population is not yet fully vaccinated and the Indian Variant is circulating in small numbers across Wales and within our Health Board area.

We have carefully considered our approach to Hospital Visiting and over the past week have been testing a process in Nevill Hall Hospital, which has been positive. Following this pilot, we are now ready to extend visiting to a few more sites to include The Grange University Hospital and Ysbyty Aneurin Bevan, together with continued visiting at Nevill Hall Hospital. Our aim is to widen this further during next week, after the Bank Holiday weekend.

Visiting is by appointment only, between the hours of 11.30am and 6.30pm for a maximum of one hour at a time and COVID-19 tests are required (with some limited exceptions).

On the agreement of patients, ward staff will contact relatives of patients in our hospitals over the forthcoming week to arrange a visit and organise testing for them.

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Patients are being encouraged to avoid calling wards about visiting, or turning up without prior arrangement.

Only a small number of people can visit a ward at a given time to ensure compliance with social distancing and to enable post-visit cleaning. Therefore, designated visitors per patient will not be able to visit every day.

The Health Board would like to reassure staff that we are taking a cautious approach to ensure safety, minimise footfall in the hospitals, and to avoid the potential spread of COVID-19 and we would be grateful for your ongoing patience and support.

What the Health Board's Digital Strategy means for you

The Health Board's **Digital Strategy** sets out how we will transform our NHS services through digital technologies, in line with our Clinical Futures vision and our values.

The strategy shows an ambition that enables a different relationship with the patient, carers and family and helps clinical teams make the most of their time to deliver safe care. It's really important that each of the programmes and services provided digitally are driven by clinicians, managers, patients and other staff.

In the past three decades since the creation of the Internet, digital technology has become fundamental to the way we live our lives and to the health and care of our population.

You don't need to be technical to help deliver this strategy – you only need to be able to describe what you need in order to deliver excellent care and make the most of the resources available. The strategy encompasses the need to support care in all contexts, including promoting self-care, community, hospital and on a regional footing with other care organisations in our area and with National partners including Digital Health and Care Wales.

A big portfolio of work to implement the Digital Strategy is ongoing following the opening of The Grange University Hospital and in support of the Mass Vaccination Programme.

You can view the Digital Strategy on the Intranet at

<http://howis.wales.nhs.uk/sitesplus/documents/866/ABUHB%20Digital%20Strategy.pdf>



GP access – Keeping the Public Updated

The Health Board has reiterated that GP Practices across our Health Board are open and are seeing patients face to face when appropriate.

As many of you are aware, due to the pandemic, we are seeing an unprecedented number of people contacting our surgeries and services across the Health Board, and as a result we are experiencing continuous pressure across all of our services.

Across all our communication channels, we are promoting the other options patients have to receive treatment, for example visiting their local pharmacy to access prompt advice and treatments for common conditions.

Dr Cliff Jones, GP and Clinical Director for Primary Care at our Health Board recently filmed a short video explaining these options to the public and reminding patients to be kind and respectful to staff at all times.

You can view the video on YouTube - <https://www.youtube.com/watch?v=xJO1-3V74j8>

UK First for Physician Associate (PA)

Our Sexual Health Service is celebrating the success of Bradley Sewell, Physician Associate in Sexual Health, who has become the first PA in the UK to obtain the Diploma of the Faculty of Sexual and Reproductive Health (DFSRH).

Formerly a qualification open only to Doctors, the DFSRH has recently been extended to a multidisciplinary audience in a new format. It is a rigorous combination of e-learning, private study, and practical patient-based skills with workplace assessments and clinical exams.



Bradley qualified as a Physician Associate in 2020, and works in a joint post between Sexual Health and Reproductive Medicine and Primary Care. He completed the DFSRH in only six months he qualified as a PA and is soon to complete the associated qualifications that enable him to fit and remove contraceptive implants and coils, resulting in a complete suite of sexual health care to patients in the Health Board area.

Reflecting on the achievement, Bradley said: "It's a real team celebration and history made for PAs in our service. It is an exciting time to be a PA and it's fantastic to see all the achievements my PA colleagues are making in their respective Health Board services."

New Developments For Orthoptics and Stroke Care



Helen Thouless is the new Stroke Lead for Orthoptics in the Health Board and is extremely passionate about this lead role. As Stroke Lead, Helen's role involves reviewing the service and information we provide to patients and their carers.

A recent development for the stroke service means that patients now receive an Orthoptics assessment as an inpatient on the stroke ward, as opposed to being seen as an outpatient at Nevill Hall. This service is currently one per session per week and although this has only been in place for the past month, it has already made an enormous impact.

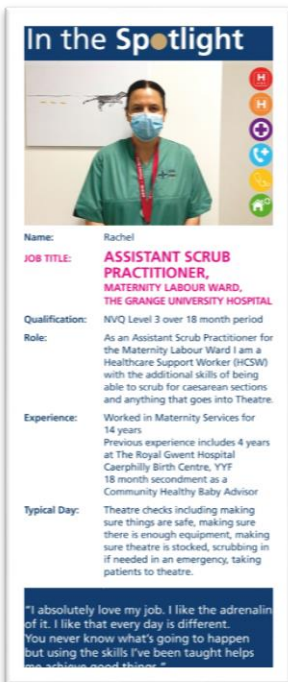
COVID Update

The incidence of COVID across the Health Board's area continues to fall, with the average incidence rate at 13.6 per 100,000. However, there has been an increase in incidence rates within the Newport area at 23 cases per 100,000, which is beyond the All Wales average of 8.4 cases.

The Variant of Concern which originated in India, has seen 7 individuals in our area being affected. These cases are contained within 3 clusters and led to a considerable amount of work via the contact tracing and testing teams.

We have now given a total of 577,572 vaccines (a combination of 1st and 2nd doses) across our Health Board area. We have now vaccinated 75% of 30-39 year olds, 92% of second doses to those aged 65 years and over, and have vaccinated 43% of 18-29 year olds.

Shining a Spotlight on Maternity Services



In the Spotlight

Name: Rachel

JOB TITLE: ASSISTANT SCRUB PRACTITIONER, MATERNITY LABOUR WARD, THE GRANGE UNIVERSITY HOSPITAL

Qualification: NVQ Level 3 over 18 month period

Role: As an Assistant Scrub Practitioner for the Maternity Labour Ward I am a Healthcare Support Worker (HCSW) with the additional skills of being able to scrub for caesarean sections and anything that goes into Theatre.

Experience: Worked in Maternity Services for 14 years. Previous experience includes 4 years at The Royal Gwent Hospital, Caerphilly Birth Centre, YF 18 month secondment as a Community Healthy Baby Advisor.

Typical Day: Theatre checks including making sure things are safe, making sure there is enough equipment, making sure theatre is stocked, scrubbing in if needed in an emergency, taking patients to theatre.

"I absolutely love my job. I like the adrenalin of it. I like that every day is different. You never know what's going to happen but using the skills I've been taught helps me achieve good things."

As part of the new Clinical Futures Communications and Engagement Plan to illustrate how services across the Health Board have been reconfigured since the opening of The Grange University Hospital, the month of May has featured our Maternity Services. Ranging from planning for a pregnancy and the patient journey through Primary care services, right through to labour, post-natal and neonatal services.

You may have seen a few familiar faces featured on our social media channels over the past few weeks, as we shine a spotlight on the vast range of healthcare roles in the Health Board.

If you see these features, please share them with your friends, family and colleagues and help us spread these vital messages.

As part of the Communications and Engagement plan, next month will focus on Cancer Services, from healthy lifestyle promotion and skin and sun care, to

accessing help and receiving treatment. We would also like to feature as many positive patient stories as possible, to communicate the message that cancer can be beaten. If there is a particular aspect of these services that you feel should be featured, please contact the communications team at ABB.CommsAndEngagement@wales.nhs.uk



In June, we'll be shining a spotlight on Cancer Services.

Is there anything you'd like to know more about?

GIG NHS Wales, Dyfeddyf Clinical Futures

If you have any ideas for this fortnightly newsletter, please send an e-mail to ABB.CommsAndEngagement@wales.nhs.uk



Aneurin Bevan University Health Board



@AneurinBevanUHB



Ein GWERTHOEDD yw...

- Pobl yn gyntaf
- Cyfrifoldeb personol
- Angerdd am welliant
- Balchder yn yr hyn a wawn

Our VALUES are...

- People first
- Personal responsibility
- Passion for improvement
- Pride in what we do

Am fwy o wybodaeth ffoniwch 01633 623801

For more information please contact the Organisational Development Team on 01633 623801

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