

#### Message from Judith Paget, Chief Executive

Helo pawb / Hello all, welcome to Issue Two of our new format Newsletter.

The situation with COVID-19 continues to settle across the Health Board with an ongoing focus on responding to the surge in non-COVID-19 patients now presenting for care and making a start on addressing the backlog of patients waiting for planned care.

Our vaccine programme is making excellent progress and there continues to be a high level of vaccine confidence in our area. Protecting our population against this terrible virus is one of our most important tasks. I am sure everyone is affected by the terrible pictures from India as an aggressive wave of the virus takes hold in their communities.

I have been able to meet up with teams during visits to Nevill Hall and Grange University Hospitals in the last two weeks and really value talking with colleagues and catching up on the great work and plans for service improvements.

Thanks all ......take care and stay safe.

# New Hospital Sterilisation and Decontamination Unit (HSDU)

The construction of a new Hospital Sterilisation and Decontamination Unit on the site of The Grange University Hospital is well advanced and is expected to be completed in August 2021.

The new £16 million unit will provide modern facilities to clean and decontaminate operating theatre instruments used at the Grange Hospital, Ysbyty Ystrad Fawr and Nevill Hall Hospital. The

existing HSDU at Nevill Hall will close, although the unit at the Royal Gwent will remain open.

The new HSDU will provide facilities to clean



and decontaminate Endoscopy equipment and will be able to process Robotic surgery equipment in the future.

Denise Cressey, HSDU Manager, said: "This is a very exciting opportunity which will improve our efficiency. The new unit will have new equipment which has not been used in Wales before."

Anyone who currently uses the HSDU at Nevill Hall should contact Nicola.merry@wales.nhs.uk to discuss the future pathway for the cleaning of their equipment.

Judith

#### Llanbradach Centre for Health

We're excited to share with you that the new Llanbradach Centre for Health is close to completion!



Once the building is completed and handed over, Aber Medical Centre and The Village Surgery will need to

transfer all equipment and staff, which take about two weeks, during which time they will continue to provide services from their existing premises in Llanbradach.

Once the move is completed, all services for both practices in Llanbradach will be transferred to the new Llanbradach Centre



for Health and the existing premises in Llanbradach will no longer be used and will close.

For more information on the relocation of these two practices, please visit: https://abuhb.nhs.wales/news/news/llanbradach-centre-for-health/

#### **Smoke Free Hospital and Health Board Sites**

From 1 March 2021, it became illegal to smoke on any of the hospital/Health Board sites. Anyone smoking on the hospital grounds could face a £100 fine.

If you wish to use your official breaks to smoke off site please remember:

- It is against the policy to smoke anywhere in uniform. This includes outside hospital grounds.
- Please keep to Welsh Government Guidance on social distancing
   keep at least 2 metres apart from other people at all times.
- Avoid dropping smoking litter, and dispose of your cigarette ends appropriately.

If you are ready to quit smoking and want support: we encourage you to access Wales' free NHS support service & access to free stop smoking Medication Contact 0800 085 2219 or www.helpmequit.wales/

#### **COVID Update**

The incidence of COVID across the Health Board's area continues to fall, with all local authority areas incidence rates now below 50 per 100,000.

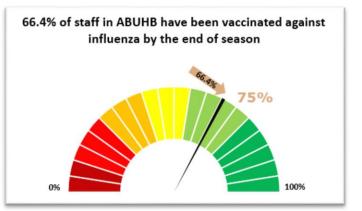
We have now given a total of 439,533 vaccines (a combination of 1st and 2nd doses) across our Health Board area. We have now vaccinated over 70% of those aged 40-49, and those aged 35-39 will start to receive their invitation letter in the coming weeks.



#### **Staff Flu Vaccinations**

The Health Board's flu vaccination uptake for staff at the end of the season was 66.4%, according to data provided by Occupational Health at the end of March.

Uptake increased by 5.4% in comparison to the 2019/20 season. We gave 1,094 more flu vaccinations to our staff this season compared the 2019/20 season. This is a fantastic achievement for the Health Board.



Special mention to the Family and Therapies division, who exceeded 75% uptake! And also, congratulations to Isca Medical Centre who won the 2021 Beat Flu General Practice Achievement Award for their outstanding achievement during the 2020/21 programme.

We would like to say a huge thank you and well done to all ABUHB staff who have supported the staff flu vaccination programme for the 2020/21 season – especially our flu champions, divisional flu leads, and the Occupational Health Team. We look forward to working with you next season!

#### **Improved connectivity at The Grange University Hospital**

The early opening of The Grange University Hospital last November meant that some of the technology to support communications was not quite ready.

It was recognised that the pandemic, being in a brand new hospital, and visiting restrictions could cause increased anxiety for patients. The 'GUH Patient Communication – Improvement Project' group was established to work through feedback from patients to develop an Improvement Plan.

Some of the actions already put in place already include:

- Extended Wi-Fi connection time, from 4 to 12 hours.
- Additional iPads and cordless phones have been provided to wards to support contact and facilitate virtual visiting, so patients without devices can keep in touch with loved ones.
- Full connectivity work will be supplemented by additional tools, such as a digital guidebook with step-by-step guides, a list of equipment that is on each ward, and pointers on how to get help. Help processes will be supported by Virtual Champions, the Person-Centred Care Team, and Frind i Mi volunteers.
- Plans are also progressing well to enable the full mobile telephony signal to be available across the site.

 GUH Patient Communication Improvement Project Update

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The Health Board is excited about the ambitious improvement plan and continuing implementation of this work. High on our priority list is a positive patient experience, which will be supported by making it as easy as possible for conversations to take place between families, patients and clinicians.

### **Continuing our Clinical Futures Messaging**

At the beginning of this month, the Communications and Engagement Team developed a new Clinical Futures Communications and Engagement plan to focus on how services across the Health Board have been reconfigured since the opening of The Grange University Hospital.



the right place, first time.

With each month featuring a different healthcare service, month the first has concentrated on urgent care Health across the Board. Ranging from Primary care services, to acute care at the Emergency Department for the sickest patients, we have emphasised the importance of unwell patients presenting at

Next month, the focus will turn to Maternity services across the Health Board, from the very first stages of pregnancy, right through to labour, post-natal and neonatal services. If there is a particular aspect of our maternity services that you feel should be featured, please contact the communications team at CommsAndEngagement.ABB@wales.nhs.uk



You may have seen a few familiar faces featured on our social media channels over the past few weeks, as we shine a spotlight on the vast range of healthcare roles in the Health Board.

## In the Spotlight



Name: JOB TITLE:

Experience:

#### HEALTHCARE SUPPORT WORKER, MINOR INJURY UNIT

22 years of practice, 17 years at MIU Minor Injuries in adults and children

- Speciality: Skills:
- Emergency care plasteringWound care
- Burns

Lynne

- Steri stripping (butterfly stitches),
- Gluing woundsTaking blood samples

Typical shift:

- Works in triage area to assess patients before they come into the building
- Plastering broken bones
- (average 4 per day)
- Treating burns
  Stitching wounds

"I love treating patients. This is where I'm most at home."

If you see these features, please share them with your friends, family and colleagues and help us spread these vital messages.

If you have any ideas for this fortnightly newsletter, please send an e-mail CommsAndEngagement.ABB@wales.nhs.uk



@AneurinBevanUHB

