

NEWSLETTER



GIG
CYMRU
NHS
WALES

Grŵp Gweithredu
Diabetes
Diabetes
Implementation Group

All Wales Diabetes Project Updates & Upcoming Events

NATIONAL CLINICAL FRAMEWORK: A LEARNING HEALTH AND CARE SYSTEM | WELSH GOVERNMENT 2021

This National Clinical Framework sets out how we can begin to realise that ambition through the development of our clinical services. It is a vital part of a much broader effort that was described in A Healthier Wales. This Framework is about how clinical services in our NHS fit into that wider picture. Although the work to develop this Framework began before the pandemic, the experiences of the past year have helped us to see what it is possible to achieve with the right impetus, leadership and engagement. This is something for us all to build on and through this Framework I hope we can capture some of that spirit for the longer term.

National Clinical Framework attached



RAMADAN IS THE HOLIEST MONTH OF THE MUSLIM RELIGIOUS CALENDAR

It is a time of spiritual reflection, self-improvement as well as heightened devotion and worship, which includes fasting between dawn and sunset.

Ramadan is expected to commence on the 12th of April and end on the 11th of May 2021.

- Muslims living with all types of diabetes are exempt from fasting, but may choose to fast.
- Ideally, people who wish to fast should be reviewed by their diabetes team prior to Ramadan.

CDEP's 20-minute Diabetes and Ramadan topic supports healthcare staff to identify the risk category for people with diabetes who wish to fast during Ramadan and empower them to do so safely through appropriate education and advice.

**Diabetes
and Ramadan**
Practical Guidelines 2021

Account Sign In | <https://www.cdep.org.uk/account-sign-in.htm>

To read the updated full IDF & DAR Diabetes and Ramadan guidelines go to:
<https://idf.org/our-activities/education/diabetes-and-ramadan/healthcare-professionals.html>





**Exercising with Type 1 Diabetes
2021 Virtual Event**
22 May and 12 June • 09.00 – 13.00

Calling all people with Type 1 diabetes who want to improve their exercise and nutrition

EXTOD  **GIG NHS WALES** Grip Gweithredu Diabetes Implementation Group

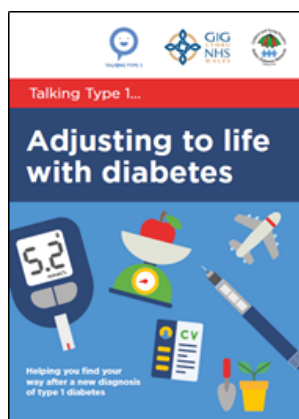
Exercising for Type 1 Diabetes (EXTOD) have joined together with the **All Wales Diabetes Implementation Group** to offer an education programme focusing on exercise and diet for adults living with Type 1 diabetes in Wales.

**EXTOD
PATIENT DAY
DATE CHANGE**

**NOW 9AM - 1PM
22nd May 2021
& 12th June 2021**

**FLYER ATTACHED IN
WELSH & ENGLISH**

NEW TALKING TYPE 1 RESOURCE COMING TO NHS WALES THIS SPRING!



The latest Talking Type 1 resource 'Adjusting to life with diabetes' is currently in the final stages of production and will be delivered directly to secondary care adult diabetes services in coming weeks.

This is the fifth book in the Talking Type 1 range has been written for people who have recently been diagnosed with type 1 diabetes. It is designed to help the process of adjusting to the significant life change that people go through, as well as helping them to understand the importance of acceptance and of being an active participant in their diabetes care. The bilingual book has been written for the adult population, but can be used in paediatric settings for adolescents with additional diabetes team support.

See Talking Type 1 press release attached



PRESS RELEASE

£6.5million investment in obesity and pre-diabetes 'will benefit both young and old' during pandemic battle

CONGRATULATIONS TO THE PRE-DIABETES PROJECT AND THE TEAM WHO MADE IT POSSIBLE!!!

Following this project and the work in Afan valley a health economics analysis was undertaken by the DRU in Swansea. This data was taken to Welsh government for discussion. Following this, funding of £1m has been agreed within the 'Health Weight Health Wales' strategy to enable roll out of the diabetes prevention pathway around Wales and to develop further research.

Final report for the Swansea Bay project attached 'Evaluation of a Quality Assured Brief Intervention Pre-Diabetes Pilot Project November 2019 - August 2020 Swansea Bay University Health Board on behalf of the All Wales Diabetes Implementation Group.

DIABETES UK CONFERENCE APRIL 2021



For more details, the programme or to register please go to;
<https://www.diabetes.org.uk/diabetes-uk-professional-conference/conference-information>



REAL-D PROJECT TRAINING VIDEO MODULES

The video modules below are part of a four-part series of training modules that are a result of the Real-D project. Real-D was a project about making reasonable adjustments to diabetes care for people with a learning disability and it was funded by the British Medical Association and Leeds Community Healthcare Trust. These modules form an overall springboard for HCPs to think about their own practice.

- Part 1 - What is a learning disability
- Part 2 - How to make reasonable adjustments
- Part 3 - Getting it right during Covid-19
- Part 4 - Coding, communication and change

<https://www.diabetes.org.uk/professionals/resources/shared-practice/for-people-with-learning-disability/real-d>

QUALITY IN CARE DIABETES 2021



QIC Diabetes 2021 will open for entry on Tuesday 20th April at the online Diabetes UK Conference 2021.
See email attached for details.

CELEBRATING 100 YEARS OF INSULIN



We would like to invite **everyone** to take part in our diabetes community project to celebrate the centenary of the discovery of insulin. Please see link for more details;
<http://www.icardiffinsulin100art.com>
Please see flyer attached

